

Tenerife

365 days to enjoy life



08/

Summers full of colour

**The best
climate**



12/

Laurel forests, ferns and tranquility

**Experience
nature**



32/

Sample the best of the island

Gastronomy



C

Turismo de Tenerife

Calle Alcalde José Emilio García Gómez, 9
38005, Santa Cruz de Tenerife
Canary Islands, Spain
011-34 902 321 331
www.traveltotenerife.com

US Office of Representation: Traktek Partners
661 Highland Ave Suite 103G
800-693-1815

Design and layout
As Publicidad

Photography
Alfonso Bravo
Image library Turismo de Tenerife





CONTENTS

- 4 The Isle of Treasures**
Average annual temperature of 74° F
- 6 Feel the warmth of the sun and the people**
Compelling reasons to visit the Island
- 8 Summers full of color**
The best climate in the world
Beaches and you
- 10 Blue Surf and sand**
Blue Flag beaches
- 12 Laurel forests, tranquility and ferns**
Experience nature
- 14 Immerse yourself in blue landscapes**
Dive in!
Practice. Win
- 16 Cetaceans, the Island's other population**
Cetaceans 365 days a year
- 18 Mt. Teide. Journey to the centre of the Earth**
The force of a volcano
Have a volcanic experience
- 20 Our Climate is not the only Luxury**
Indulge yourself
Wedding bells
- 22 Blessed spas**
- 24 The fairway ends at the Atlantic**
Golf courses
- 26 Tailored stays**
- 28 Tradition sets us apart**
Rich traditions
- 30 Seductive colours, enticing flavours**
Sample the best of the Island



- 32 Smiles big and small**
Have fun day and night
Theme parks
- 34 Great days, better nights**
Welcome to the party
- 36 Tenerife no Limits**
- 40 Have fun on business**
Tenerife Convention Bureau (TCB)
A destination for conferences and events
- 41 The End**
Tenerife Film Commission (TFC) Tenerife is cinema
- 42 You'll have so much to tell**
Must-see sights
- 44 Live the past today**
World heritage and culture
- 46 Not to be missed**
Events calendar
- 48 See for yourself**
Useful information
- 50 Sensations mile after mile**
Tenerife. Map of the Island



Top
*Playa del Socorro
beach, Los Realejos*

Bottom
*Masca, Buenavista
del Norte*



THE ISLE OF TREASURES

Average annual temperature of 74°F

Essentials

- An average annual temperature of 74°F, with warm summers and mild winters.
- 785 mi² in area.
- 3,000 hours of sunlight per year.
- Nearly 250 miles of coastline, 43 miles of beaches.
- 48% of the Island is protected natural area
- 800+ local species of flora and fauna.
- Modern transportation system and full bus service. Tramway in the metropolitan area.
- The euro is the official currency.
- Two airports, one in the south (Tenerife Sur) and one in the north (Tenerife Norte), with flights to over 150 cities around the world.
- Two international cruise ports.
- Between 2 and 4 hours by plane from the mainland Spanish and European airports.
- Two UNESCO World Heritage Sites: Mt. Teide National Park and the city of La Laguna.

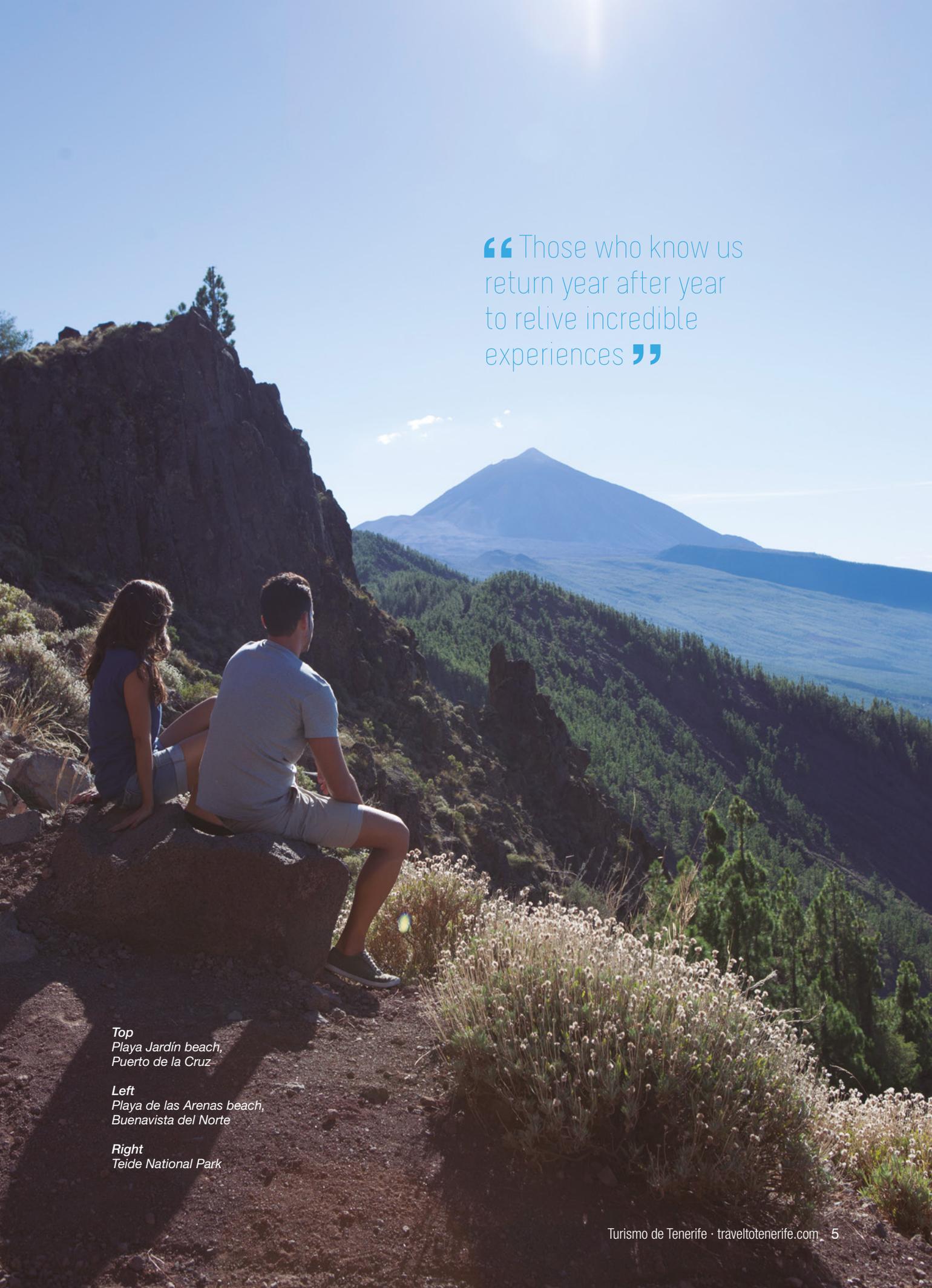
■ **Tenerife** is a volcanic island in the Atlantic Ocean where winter seems like spring thanks to the fabulous **average year-round temperature of 74° F**. A place where the people are genuinely friendly, an idyllic paradise with such diverse scenery you'll think you were at a thousand places around the world at the same time, or even on the moon: the Teide National Park (a huge volcanic area straight out of the movies) will make you believe you've travelled to a different planet.

Tenerife is a vacation destination offering hundreds of things to do, seducing and enticing sun-seekers from all over Europe to

its beaches to enjoy some relaxation, sun-bathing and water sports; or to immerse themselves in magical natural settings that range from surreal desert landscapes to lush green mountains. And all within easy reach. An island offering so many ways to have fun and those who know us return year after year to relive incredible experiences and happy memories.

You'll find modern accomodations, endless activities and ideas, exquisite cuisine, traditions, culture, a safe environment and hospitality. What more do you need? Just come ready to have the best time of your life.





“Those who know us
return year after year
to relive incredible
experiences”

Top
*Playa Jardín beach,
Puerto de la Cruz*

Left
*Playa de las Arenas beach,
Buenavista del Norte*

Right
Teide National Park

“ There’s so much to do it would be easier to tell you the things it’s not possible to do on the island of Tenerife ”

FEEL THE WARMTH OF THE SUN AND THE PEOPLE

COMPELLING REASONS TO VISIT THE ISLAND

There are so many reasons to come we simply cannot mention them all. So here are just a few examples of why Tenerife is a top destination:

1 A climate of wellbeing.

Say goodbye to the stressful daily routine. The sunny weather is beneficial for your physical and spiritual harmony. We have a powerful ally: **the mild temperatures on the Island all year round, so every day becomes a chance to unwind and enjoy the simple pleasures of life.** Enjoy the outdoors, stroll through the streets and along seafront promenades, breathe...



2 Everything for everyone.

Tenerife has something for all visitors, whatever time of year you decide to come. Come alone, bring your family, your partner, friends or even your pet (which are welcome at many establishments).

3 Outstanding nature.

Beaches of white or even black sand, laurel forests surviving from the Tertiary Period, and Mount Teide. **The natural diversity of the Island offers strikingly different scenery around every corner,** as observed by Alexander von Humboldt or Charles Darwin himself during their stay on Tenerife. Its ever-present volcanic origins can be best explored by taking one of the many spectacular island tours on offer.

4 Choose what you like best.

Choose between water sports and activities at the beach or in the mountains. Take in the best of rural life, go whale and dolphin spotting, have fun at theme parks or playing golf. Go hiking, diving, stargazing and let yourself go during nights of

partying. Indeed, there’s so much to do it would be easier to tell you the things it’s not possible to do on the island of Tenerife.

5 Make shopping an art.

You can come just for the shopping and spend as much time as you like indulging in your favourite pastime. **VAT tax is 7% versus 21% on the mainland., making everything cheaper-** plus you’ll find all the top boutiques and fashion houses. Add to that all the luxury you desire, magnificent villas, plush limousines and sleek yachts and you have the kind of holiday that will make everyone back home green with envy when you recount your adventures.

6 Clear blue skies.

The skies of Tenerife are so pure and clear that it is regarded as one of the best places in the world for stargazing. It is home to the prestigious Canary Islands Astrophysics Institute along with huge telescopes - including the Gregor solar telescope - used by leading Spanish and international scientists attempting to unravel the mysteries of the Universe.



Mesa del Mar, Tacoronte

7 **The perfect fusion.**

On Tenerife, the islanders live life with passion and we always have a happy smile on our faces. **Our sweet, friendly nature means we welcome all visitors with open arms** (for instance, drivers invariably stop at pedestrian crossings and we make every effort to give precise directions). This is the result of our being a fusion of Spanish and European forefathers, combined with a strong American and African influence. Many have decided to stay and live here having got to know us during their vacation.

8 **Authentic flavors and wines.**

This will be your greatest discovery. **The local cuisine is a delicious combination of the best Atlantic and Mediterranean food**, creating exquisite dishes made from fresh local produce that simply make your mouth water.

9 **Relax day and night.**

Tenerife is a Spanish, European and family destination. A safe island in every sense, where calm and tranquility reigns, allowing you to enjoy a relaxing, carefree holiday with the added assurance of knowing that, if the need arises, you

have a comprehensive healthcare network at your disposal.

10 **Closer than you think.**

The island is very close to mainland Spain and Europe, just a two to four-hour flight away. **Many flights depart for Europe each day and the island's location makes it a tri-continental platform** and a nexus for bonds and development between Europe, America and Africa.

11 **Get in shape.**

Our climate, the chance to train both at sea level and at altitude, **modern facilities and accommodation with all the comforts of home and more lead innumerable professional athletes (we are referring to European, World and Olympic champions) to choose Tenerife every year for their demanding and intense training programmes.** Cycling, swimming, athletics, beach volleyball... Just like them, you can also enjoy your favourite sport on the Island.

12 **The sustainable island.**

Tenerife is an environmentally-conscious island. Bioclimatic houses

designed by ITER (Technological Institute of Renewable Energy) offering holiday accommodation and taking full advantage of natural resources for domestic use, our zero-emission tramway or the constant acknowledgment of our hotels for their commitment to sustainability are just some of the examples of the environmental awareness that abounds on the island.

13 **Move with ease.**

Tenerife is the largest of the Canary Islands but not too big to travel around - visitors can journey from one end of the island to the other in a day. Distances are easily manageable – you can travel around the island on public transport or by hire car if you prefer more flexibility. Tenerife's relatively small size has another positive thing: it's impossible to get lost on the island.

14 **Better conventions & events.**

With several large convention centers on the Island, Tenerife is a popular destination for corporate event planners who are looking for a warm, unique location for that special event.

The best climate in the world

■ Tenerife's greatest asset is the fact that the sun shines every day and seeing the sun rise above the horizon each morning imbues everyone on the island with a sense of joy. Sunshine also has many health benefits. It relaxes, tones, activates your defences, relieves stress, balances the nervous system and makes your skin look great. It's an effortless, restorative treatment that keeps on working without your even noticing. In the evenings, its subtle rays create breathtaking sunsets that paint the sky fiery red and golden orange. And best of all, it's free.

The trade winds are a perfect accompaniment, providing a wonderful contrast to the sun of Tenerife. They improve the climate and help create our spring-like temperatures - both in summer and winter - which have long led doctors and therapists from all over Spain to advise their patients to spend time on the Island as a remedy for their ailments.

And does this suffice to explain why Tenerife is one of the worlds most popular vacation destinations? That, and its beaches.

SUMMERS FULL OF COLOR



The beaches and you

On the island, you have around 40 miles of beaches where you can enjoy many activities such as pedalos, jet skis and parasailing. Or you can just relax, let the sea breeze cool you down and have a quick dip whenever you fancy... then repeat everyday till you have an amazing suntan. You can't say we don't make it easy for you.

Most beaches on Tenerife have been awarded the Blue Flag for the quality of the water, the services available and their easy access. Beaches with golden sand are mainly to be found in the south, from Güímar to Adeje. Las Vistas, Las Galletas, El Médano, Torviscas and Fañabé are some good examples.

Around the metropolitan area, the most famous is called Las Teresitas, in Santa Cruz, the Island's capital. One mile in length, its golden sands and close proximity to the small coastal town of San Andrés make it ideal for a relaxing day sat under a tropical palm tree (while in the area, you can also visit

the nearby Anaga Rural Park, declared a Biosphere Reserve by Unesco in 2015 and its lush green forests dotted with white houses).

Due to its volcanic origins, Tenerife also has beaches of black sand, mainly in the north of the Island. On such beaches, your skin soaks up their famous mineral salts which reduce stress and increase blood circulation, among other benefits. The secluded beaches of El Bolullo and Los Patos are both away from traditional tourist routes. The most popular beaches include Playa Jardín, in Puerto de la Cruz; El Socorro, in Los Realejos; and San Marcos, in Icod de los Vinos.

A great way to enjoy the sea on the Island is to visit the natural pools formed long ago by lava as it flowed into the ocean. The most popular are at Bajamar, Punta del Hidalgo (La Laguna), San Juan de la Rambla (Charco La Laja), Garachico (El Caletón) and San Miguel.

Left
Playa del Socorro beach,
Los Realejos

Right
Playa del Duque beach,
Costa Adeje

“Due to its volcanic origins, Tenerife also has beaches of black sand, mainly in the north of the Island”

SURF AND SAND



*Playa del Socorro,
Los Realejos*

List of beaches awarded the Blue Flag

To receive a Blue Flag, a beach has to meet certain criteria. For instance, pollution free waters, toilet facilities, lifeguards on duty and being kept clean.



Name	Location	Length	Type of sand	Info
Fañabé	In the south. Costa Adeje	700 m.	Golden	Showers, bars, restaurants, phone, lifeguard service, police, Red Cross, toilets; sun lounger, beach umbrella and water sports equipment hire; disabled access
Playa del Duque	In the south. Costa Adeje	700 m.	Golden	Showers, bars, restaurants, phone, lifeguard service, police, Red Cross, toilets; sun lounger, beach umbrella and water sports equipment hire; disabled access
Troya I-II	In the south. Costa Adeje	650 m.	Black	Showers, bars, restaurants, phone, lifeguard service, police, Red Cross, toilets; sun lounger, beach umbrella and water sports equipment hire; disabled access
Las Vistas	In the south. Arona	850 m.	Golden	Showers, bars, restaurants, phone, lifeguard service, police, rescue service, toilets; sun lounger, beach umbrella and water sports equipment hire; disabled access, bathing with amphibious chair
El Médano	In the south. Granadilla de Abona	1150 m.	Golden	Car parks, restaurants, toilets, sun loungers, showers, lifeguard service. Along with Leocadio Machado beach, they make up the famous Playa del Médano beach
La Jaquita	In the south. Granadilla de Abona	150 m.	Golden	Car parks; sun lounger and water sports equipment hire
Playa San Juan	In the south. Guía de Isora	500 m.	Black sand, volcanic rock and pebbles	Car parks, toilets; sun lounger and beach umbrella hire; phone, restaurants, showers
La Arena	In the south. Santiago del Teide	125 m.	Black	Car parks, showers, changing rooms, toilets, phone, lifeguard service, Red Cross, restaurants; sun lounger, beach umbrella and water sports equipment hire; disabled access
El Socorro	In the north. Los Realejos	350 m.	Black sand and pebbles	Showers, toilets, phone, restaurant, lifeguard service, car parks
Playa Jardín	In the north. Puerto de la Cruz	700 m.	Black	Showers, bars, restaurants, phone, lifeguard service, police, Red Cross, toilets; sun lounger and beach umbrella hire; disabled access
San Telmo	In the north. Puerto de la Cruz	350 m.	Black sand and volcanic rock	Showers, phone, restaurants, police, disabled access
Bajamar Pools	Bajamar. San Cristóbal de La Laguna	—	—	Natural pools. Changing rooms. Restaurants
La Arena	In the north. Tacoronte	330 m.	Black sand and volcanic rock	Camping area. Car parks, restaurants, snack bars, showers, toilets, changing rooms.

LAUREL FORESTS, TRANQUILITY AND FERNS

Hiking
Mountain biking
Climbing
Paragliding
Canyoning
Caving
Bird watching
Stargazing
Horseback riding

Left
Anaga Rural Park

Right
La Orotava valley
Cueva del Viento, Icod de los Vinos

“Tenerife boasts 43 protected nature areas which occupy half of the Island”

Experience nature

■ Tenerife boasts 43 protected nature areas which occupy half of the island. Outstanding landscapes to see, such as the Laurel Forests, a lush magical relic from the Tertiary Period, or El Acanalado de Los Gigantes (The Giant Cliffs), which can reach up to 2,000 feet in height, but above all, you have endless options for outdoor activities. For instance, hiking. It's one of the best ways to explore Tenerife's amazing variety of natural beauty spots along hundreds of kilometres of signposted trails.

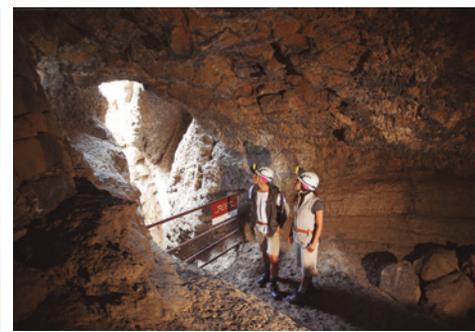
In order to decipher all that Tenerife's countryside has to offer, we recommend visiting the **Sendero de los Sentidos** (Path of the Senses), a true natural landscape with information panels that will help you to stimulate your sight, hearing, touch and smell.

The list of outdoor activities to choose from during your holiday includes many others. From riding through spectacular landscapes on your **mountain bike** (there are routes for all levels), to **climbing** the many rock walls and mountains in the north, centre and south of Tenerife. The Island is also a leading European destination for **paragliding** thanks to the air quality and climate. We have over 100 sites that are ideal for this increasingly popular sport.

We also suggest you try **canyoning**, an activity attracting new participants on the Island every day and for which there are a great many suitable canyons (Tenerife is criss-crossed by hundreds of them); and **caving**, to explore underground caverns hidden beneath our feet.

One activity which cannot be enjoyed anywhere else is the chance to explore a lava tube such as **Cueva del Viento** (Cave of Wind), at Icod de los Vinos (www.cuevadelviento.net). Around 10 miles in length, it is the longest in Europe, offering an unforgettable journey into the depths of the Earth and a perfect chance to discover the Island's volcanic past.

Bird watching, The Canary Islands and Tenerife are the first places you can see birds on their annual migration to Equatorial Africa. Go **stargazing** because the Island has some of the clearest and least polluted skies in the world, are two more great options for enjoying the open air. If you prefer, **the many horseback trails** all around the Island offer another fun way to explore Tenerife.



List of companies offering outdoor activities

Abeque
011-34 618 44 98 96
www.abeque.es
abequexperiences@gmail.com

Anaga Atrapiés
011-34 676 52 66 05
www.anagaatrapies.com
info@anagaatrapies.com

Anaga Experience
011-34 690 36 90 89
info@anagaexperience.com
www.anagaexperience.com

Bike 4 Walk
011-34 822 17 90 78
www.bike4walk.es
info@bike4walk.es

Bike Experience Tenerife
011-34 922 08 81 88
www.bikeexperiencetenerife.com
info@bikeexperiencetenerife.com

Bike Point Tenerife
011-34 922 17 62 73
www.bikepointtenerife.com
info@bikepointtenerife.com

CanariasViaja.com
011-34 922 24 81 61
www.canariasviaja.com
info@canariasviaja.com

Canarias.com-Viajes Niza
011-34 922 79 29 19
www.canarias.com
hotel@canarias.com

Canary Bike Tours
011-34 922 08 39 28
www.canarybiketours.com
tienda@canarybiketours.com

Candelaria Life & Trekking
011-34 922 95 68 92
www.lifeandtrekking.com
candelaria@lifeandtrekking.com

Club Activo
011-34 669 62 43 73
www.clubactivocycling.com
tony@clubactivo.com

Dayli Tour
011-34 922 78 08 79
011-34 639 65 19 10
www.dayli-tours.com
info@dayli-tours.com

Diga Sports
011-34 922 79 30 09
www.diga-sports.de
info@diga-sports.de

Discover Experience
011-34 922 34 30 38
www.discoverexperience.com
info@discoverexperience.com

El Cardon, Naturexperience
011-34 922 12 79 38
www.elcardon.com
info@elcardon.com

Elegant Excursions
011-34 922 73 46 85
www.elegant-excursions.com
leon@elegant-excursions.com

Encholas
011-34 635 25 76 32
www.encholas.com
encholas@encholas.com

Enminube
011-34 606 977 920
www.enminube.net
info@enminube.net

Feel Tenerife
011-34 649 68 48 52
www.feeltenerife.com
info@feeltenerife.com

Free Motion
011-34 922 168 499
www.free-motion.com
contact@free-motion.com

Gaiatours senderismo y excursiones
011-34 922 35 52 72
www.gaiatours.es
info@gaiatours.es

Guru Experiences
011-34 610 77 73 11
www.guruexperiences.com
sales@guruexperiences.com

Ibrafly
011-34 609 54 61 92
www.ibrafly.net
info@ibrafly.net

Observacion de Las Estrellas
011-34 922 23 62 99
www.astroamigos.com
astroexcursiones@yahoo.com

One day in Tenerife
011-34 670 82 29 37
www.oditen.com
oditen@gmail.com

Segway Experience
011-34 922 38 56 57
www.segwayexperience.es
info@segwayexperience.es

Star Excursions
011-34 609 58 92 66
info@starexcursions.com
www.starexcursions.com

Tenerife Adventure
011-34 609 36 65 74
www.tenerife-adventure.com
info@tenerife-adventure.com

Teno Activo
011-34 618 00 09 72
www.tenoactivo.com
info@tenoactivo.com

Volcano Teide Experience
011-34 922 01 04 40
www.volcanoteide.com
info@volcanoteide.com

XTM-Travel.com
011-34 922 09 89 68
www.xtm-travel.com
info@xtm-travel.com



deep-sea fishing,
sailboat trips,
windsurfing,
kitesurfing, kayaking
and diving

Dive in!

■ There are as many things to do in the water as on land. The crystal-clear waters of the Atlantic around Tenerife, combined with the rich diversity of marine life, make it a veritable treasure trove for all who enjoy diving, as well as those who wish to try this exciting sport for the first time. Above the waves, windsurfing and kitesurfing (El Médano is a paradise for those who enjoy such sports), surfing and the more sedate kayaking are options which, together with deep-sea fishing and sailboat trips, complete a full range of water activities for both experts and beginners alike.

IMMERSE YOURSELF IN BLUE LANDSCAPES



PWA / John Carter



PWA / John Carter



El Médano, Granadilla de Abona

PRACTICE, WIN

It's no secret that success in sport is based upon a rigorous training programme, yet the conditions and the environment in which it is undertaken are equally important. **Tenerife is the ideal destination for the training of professional athletes** as well as, of course, amateurs and enthusiasts.

Tíncer Stadium, in Santa Cruz, which has a unique design recognised around the world and provides the most advanced training facilities; **or the T3** high performance centre, in La Caleta de Adeje, boasting some of the most modern installations

in Europe, **are two of the Island's more notable sports infrastructures**. These, combined with our fabulous year-round climate, attract hundreds of professional sports people and teams - especially from Europe - to Tenerife every year for intense and comprehensive training programmes in preparation for major events.

The long list includes British football clubs Newcastle, Swansea and Everton, along with Elfsborg from Sweden, as well as national swimming teams from the UK, France, Germany, Holland, Italy, Switzerland and

Spain. Big-name athletes such as German swimmer Britta Steffen, number one in her country; her team mate Paul Biedermann, 200m free-style world champion in Rome, or sailing champion Paul Goodison (gold medal at the Beijing 2008 Olympics). The top Spanish beach volleyball team, Herrera and Gavira, have their training camp here, and world-class cyclists such as Bradley Wiggins (winner of the 2012 Tour de France and the time trial at the London Olympics) , Tour de France champion Chris Froome, Alberto and Alexander Vinokurov, come to train on Tenerife's roads. Now all we need is you.

Water sports companies

Diving Centres

Aquamarina Diving Centre
011-34 922 79 79 44
www.aquamarinadivingtenerife.com
info@aquamarina.com

Big Fish Dive Center Tenerife
011-34 672 95 88 29
www.bigfishtenerife.com
info@bigfishtenerife.com

Diving Center Ola
011-34 822 66 48 76
www.ola-aventura.com
diving@ola-aventura.com

Fly Over
011-34 922 71 62 60
www.flyover.es
info@flyover.es

Moana Diving
011-34 922 71 40 67
www.moana-diving.com
info@moana-diving.com

SA Caleta Tenerife
011-34 922 78 97 97
www.sacaletatenerife.com
info@sacaletatenerife.com

Seascuba Padi 5 Star Dive Resort
011-34 922 86 22 71
www.seascuba.es
seascubatenefite@gmail.com

Water sports

Apnea Academy West Europe
011-34 609 04 83 51
www.apneacademywe.com
apneacademy.we@gmail.com

AR2 Surf Project
011-34 646 112 055
www.ar2surfproject.com
ar2surfproject@gmail.com

Atlantik Surf
011-34 617 64 63 87
www.atlantiksrf.com
info@atlantiksrf.com

Azul Kiteboarding
011-34 637 57 59 31
www.azulkiteboarding.com
info@azulkiteboarding.com

Big Smile Luxury Charters
011-34 695 32 86 91
http://bigsmilecharters.com/
the-luxury-travel-guide/
bigsmilecharters@gmail.com

Dream Charter
011-34 922 10 20 10
www.canarydreamcharter.com
info@canarydreamcharter.com

La Marea Surf School
011-34 922 10 55 34
www.lamareasurfschool.com
lamareasurfschool@gmail.com

Maritim Sports of Tenerife
011-34 922 71 97 52
www.watersporttenerife.com
watersporttenerife@gmail.com

Sports Club Tenerife
011-34 922 78 72 45
info@sctenerife.es
www.sctenerife.es

Submarine Safaris
011-34 922 73 66 29
www.submarinesafaris.com
salesteam@submarinesafaris.com

Surf Center Playa Sur
011-34 922 17 66 88
www.surfcenter.eu
mail@surfcenter.biz

Tenerife Kitesurf, Windsurf & Surf
011-34 666 20 11 60
www.tenerifekitesurf.com
info@tenerifekitesurf.com

Marinas

Marina de San Miguel
011-34 922 785 464
Urb. Amarilla Golf.
38639 San Miguel de Abona
www.marinasanmiguel.com
reservas@marinasanmiguel.com

Marina del Sur Tenerife
011-34 922 78 36 20
Puerto Deportivo de Las Galletas,
Torre de Control, 2ª Planta
Playa de las Galletas
38631 Arona
www.marinadelsur.es
info@marinadelsur.es



DOLPHINS AND WHALES, the Island's other population

Dolphins and whales 365 days a year

■ Tenerife is today a top destination for whale and dolphin watching. 21 of the world's 79 species of dolphins and whales inhabit our waters, including a permanent colony of some 500 pilot whales and 250 bottlenose dolphins. They are most commonly found in the waters between the south coast of Tenerife and the island of La Gomera. They are also very close to shore, about three miles, allowing them to be seen all year round by going on one of the special daily

boat trips that set out from the ports of Los Cristianos (Arona), Colón (Costa Adeje) and Los Gigantes (Santiago del Teide).

In order to ensure the very highest standards for this whale and dolphin watching service, the companies involved have signed a quality charter whereby they commit to upholding certain rules aimed at safeguarding users and respecting all species which have made their home in the southern waters of Tenerife.

Whale and Dolphin Watching

Boat	Email	Telephone
Flipper Uno Free Willy Marina Princess Dos	www.flipperuno.com jendub56@hotmail.com	011-34 607 169 886
Bahriyeli Jolly Roger Le Monte Carlo	www.mardeons-tenerife.com info@mardeons-tenerife.com	011-34 922 751 576
Nashira Uno Gladiator U	www.maritimaacantilados.com reservas@maritimaacantilados.com	011-34 922 861 918
Royal Delfin	www.tenerifedolphin.com info@tenerifedolphin.com	011-34 922 750 085 011-34 607 967 550
Papacho II	www.atlanticecoexperience.com info@atlanticecoexperience.com	011-34 638 77 03 06
Bonadea II	www.bonadea2catamaran.com bonadea2@telefonica.net	011-34 922 71 45 00
Big Smile	http://bigsmilecharters.com/the-luxury-travel-guide/ bigsmilecharters@gmail.com	011-34 695 32 86 91

“21 of the world’s 79 species of dolphins and whales inhabit our waters 365 days a year”

*Whale and Dolphin watching
off the south coast of the island*

Sunrise from
the top of Mt. Teide

MT. TEIDE

Journey to the Center of the Earth

The force of a volcano

■ **Teide National Park is a UNESCO World Heritage Site** with over three million visitors a year, is the best and most famous place to see volcanic phenomena on the whole island of Tenerife. No words can truly do it justice: majestic, breathtaking, unique...

One thing's for sure; you'll be simply astounded by the colours and the wild force which imbue this surreal landscape overlooked by Spain's highest peak **at 1,200 ft above sea level. It is home to many local**

species of fauna and flora, such as the Teide violet or Tenerife bugloss whose bright colors stand in stark contrast to the thousands (yes, thousands) of tons of ochre lava in this truly unique landscape.

You can enter Teide National Park from the south and north of the Island in your own vehicle or by "guagua", the local word for bus. To round off the experience, a modern cable car takes you 657 ft from the volcanic cone. If you wish to reach the very summit, you must first re-

quest a permit via the park's website www.reservasparquesnacionales.es

The more adventurous visitors can walk up to the Altavista mountain refuge (must be booked in advance). After following a winding trail for 3 hours, they spend the night at the refuge before facing the final challenge - a one-hour walk to the very summit of Mount Teide. From there, **they can enjoy the sunrise and, on a clear day, breathtaking views over the other six Canary Islands** and literally feel on top of the world.

Top
Teide National Park

Left
Mt. Teide cable car

Right
Trail 100
from Montaña Blanca
to La Fortaleza Viewpoint,
Teide National Park

Bottom
Altavista Refuge,
Teide National Park



“A modern cable car takes you within 657ft of the summit”

Live your volcanic experience

The Island's volcanoes represent so much more than just Mount Teide. From beaches to canyons, lava flows through the very veins of the whole Island, a spectacular result of Tenerife's volcanic birth. To enable you to explore and fully enjoy this aspect of the Island, **we've recently marked out five areas** which best showcase Tenerife's volcanic attractions: from visits to wine cellars offering produce whose colors and flavors reflect the Island's magmatic nature through to restaurants serving "volcanic" dishes, diving trips to see underwater eruptions, walks to get a close-up view of craters, volcanic cones and vents . . .

The five areas, which encompass the entire Island, are: "Territorio Antiguo"-The Old Territory, "Volcanes Legendarios"-Legendary Volcanoes, "Los Dos Valles"-The Two Valleys, "Tierra de contrastes"-A Land of Contrasts and "El rincón de la luz"-Land of Light.

Cable car:

on Mt. Teide
Crta. Orotava Granadilla s/n
38300 Santa Cruz de Tenerife
011 34 922 010 440
www.telefericoteide.com
teleferico@telefericoteide.com

Bookings for the Refuge

www.telefericoteide.com/altavista

Visitor's Centre Telesforo Bravo

C/ Dr. Sixto Perera González,
25. El Mayorazgo.
38003 La Orotava
011 34 922 92 23 71
teide.maot@gobiernodecanarias.org

This visitor's center is open mornings and afternoons from 9:00 to 14:00 and 15:30 to 18:00. Open from Tuesday to Sunday.

You can find more information at
www.traveltotenerife.com



A romantic scene of a couple holding hands in a pool at sunset. The sky is a mix of blue and orange, and palm trees are silhouetted against the horizon. The pool's surface is calm, reflecting the sky and the couple.

OUR CLIMATE IS NOT THE ONLY LUXURY

Indulge yourself

■ Tenerife offers something for everyone, including those seeking the most exclusive vacation. You'll find many four and five-star hotels on an island boasting some of Europe's highest quality accommodations. We also have luxury villas, usually to accommodations within the hotel grounds, where privacy and exclusive areas such as gardens and swimming pools, along with first-class room service, create the perfect setting for a select, relaxing break.

Round off the experience with a sailboat trip, the chance to hire a limousine or top-of-the-range vehicle, spend afternoons (or even days) shopping at boutiques and shops pertaining to the most exclusive fashion houses, for which you can even

have your own personal shopper. If you'd like to take home a souvenir, we suggest a traditional handmade item such as pottery or embroidery.

Visiting Tenerife also provides a great chance to treat yourself a little and have your body and mind pampered by professional experts at over a dozen SPA centres offering everything from traditional treatments through to the latest techniques involving volcanic rocks, seaweed, Tibetan massage, fruit or chocolate body-wraps... Alongside establishments specialising in thalassotherapy, there are also many beauty salons, natural medicine centres and all manner of therapies for you to enjoy.

Tenerife Select is the brand created by Turismo de Tenerife and encompassing the Island's most exclusive tourism attractions, offering short breaks for any time of the year: the best choice for those wishing to pamper themselves and enjoy a unique experience. It brings together hotels, restaurants, theme parks, show venues, leisure companies and even a network of private clinics to satisfy the highest demands.



“Luxury villas where privacy and exclusive areas afford you the ideal setting for a relaxing break”

Honeymoon

Imagine if the biggest trip of your life could be a romantic fairytale come true. We invite you to celebrate your honeymoon on Tenerife. Magical scenery and idyllic settings provide the perfect photographic backdrop. A wide range of establishments to meet your every need and where your every whim is catered to, allowing you to be swept away by romance and love.



Blessed spas

Not only do Tenerife's natural assets give you energy and vitality but a visit to one of the spas, located across the island, allows time for relaxation. A trip to a spa gives you time to switch off and forget about the daily routine and feel renewed both in body and mind.

A number of these facilities are located within upmarket hotels and resorts and offer a wide variety of treatments. Guests can choose from traditional Oriental therapies with hot stones, aromatherapy, exfoliation therapies and others to combat stress. Spa lovers can go the extra step and enjoy fruit masks, oxygen therapy, snow cabins, the Photon capsule...



List of SPAS

abama SPA

abama Golf & Spa Resort.
Ctra. Gral TF-47 km-9
38687, Guía de Isora
011-34 922 126 006
www.abamahotelresort.com

Aequor SPA

Hotel Jardines de Nivaria.
C/ París, s/n. Urb. Playa Fañabé
Costa Adeje
38660, Adeje
011-34 922 713 333
www.nivaria.es

Aqua Club Termal

C/ Galicia, s/n. Torviscas Alto
Costa Adeje
38660, Adeje
011-34 922 716 555
www.aquaclubtermal.com

Bahía del Duque SPA

Gran Hotel Bahía del Duque.
Avda. Bruselas, s/n.
Costa Adeje
38660, Adeje
011-34 922 746 933
www.bahia-duque.com

BP San Felipe

Hotel BP San Felipe.
Avda. Colón, 22
38400, Puerto de la Cruz
011-34 922 38 33 11
<http://www.bahia-principe.com/es/hoteles/tenerife/san-felipe/>

Centro Wellness del Hotel Jardín Tropical

Hotel Jardín Tropical.
C/Gran Bretaña s/n.
Costa Adeje
38660, Adeje
011-34 922 746 000
www.jardin-tropical.com

Despacio Spa Centre Hotel H 10 Costa Adeje Palace

Playa La Enramada, s/n
Costa Adeje
38670, Adeje
011-34 922 714 171
www.h10hotels.com

Despacio Thalasso Centre

Hotel H10 Conquistador.
Avda. Rafael Puig, 22.
Playa de las Américas
38660, Arona
011-34 922 795 781
www.h10.es

Laguna Nivaria Spa

Laguna Nivaria Hotel & Spa
Plaza del Adelantado, 11,
38201, San Cristóbal de La Laguna
011-34 922 07 23 64
www.lagunanivaria.com
spa@lagunanivaria.com

Mare Nostrum SPA Termas Marinas

Mare Nostrum Resort.
Pirámide de Arona,
Avda. de las Américas
Playa de las Américas
38660, Arona
011-34 922 757 500
<http://marenostrumresort.exphotels.com/wellness/spa-de-lujo/>

Natural Wellness SPA

Hotel La Siesta. Avda. Rafael Puig, 21. Playa de Las Américas
38660, Arona
011-34 922 792 300
www.lasiesta-hotel.com

Océano Hotel Health Spa

C/ Océano Pacífico nº 1.
Punta Hidalgo
38240, San Cristóbal de La Laguna
011-34 922 156 000
www.oceano.de

Riu Palace Body Love

Hotel Riu Palace. Urb. La Herradura.
La Caleta. Costa Adeje
38670, Adeje
011-34 922 714 191
www.riu.com

Sheraton la Caleta Spa Eutonos

Sheraton La Caleta Resort & Spa.
C/ La Enramada, 9
Costa Adeje
38670, Adeje
011-34 922 162 000
www.sheraton.com/lacaleta

Spa by Clarins - Health Club

Avda. Los Océanos, s/n -
Urb. La Jaquita
38686, Guía de Isora
011-34 922 869 000
www.melia.com/es/hoteles/espana/tenerife/gran-melia-palacio-de-isora/spa.html

Spa Hotel Europe Villa Cortes

Hotel Europe Villa Cortés.
Avda. Rafael Puig, s/n.
Playa de las Américas.
38660, Arona
011-34 922 757 700
www.europe-hotels.org/es/villacortes/apartados/servicios/spa

Spa Hotel Paradise Park

Urb. Oasis del Sur. Los Cristianos
Playa de los Cristianos
38650, Arona
011-34 922 789 555
www.sparadise.es

Spa Magek

San Blas Reserva Ambiental.
Plan Parcial Los Abrigos
38639, San Miguel de Abona
011-34 922 749 010
<http://es.sandos.com/hotel-san-blas-en-san-miguel-de-abona.htm>

Spa Nammu

Hotel Vincci La Plantación del Sur.
Calle Roque Nublo, 1. Costa Adeje
38660, Adeje
011-34 922 717 773
<http://www.vincchoteles.com/es/Hoteles/Espana/Tenerife/Vincci-Seleccion-La-Plantacion-del-Sur>

Spa Royal Garden Villas

Hotel Royal Garden Villas & Spa.
Campo de Golf Costa Adeje.
Finca Los Olivos. Costa Adeje
38660, Adeje
011-34 922 711 294
www.royalgardenvillas.com

Spa Villalba

Hotel Spa Villalba.
Ctra. San Roque, s/n.
38613, Vilaflor
011-34 922 709 931
www.hotelvillalba.com

Spacio 10 Tenerife Wellness Center Hotel Marylanza Suites & Spa

Calle Arenales 20b
38650, Arona
011-34 922 787 849
www.spacio10.es

Thai Zen Space

Hotel Iberostar Grand Antheia.
C/ Londres, 15 . Playa Fañabé
Costa Adeje
38660, Adeje
011-34 922 713 335
www.iberostar.com/spa-y-relax

The Oriental SPA Garden

Hotel Botánico. C/ Richard Yeoward, 1.
38400, Puerto de la Cruz
011-34 922 381 400
www.hotelbotanico.com

Vitanova Spa & Wellness

Gran Hotel Tacande.
C/ Alcalde Paetzman, s/n.
Costa Adeje,
38650, Adeje
011-34 922 719 910
www.vitanovatenerife.com



THE FAIRWAY ENDS AT THE ATLANTIC

■ A great way to combine your stay on the Island with a rewarding activity is to enjoy some golf, whether you're an enthusiast or an expert.

The spring climate of Tenerife enables you to play all year round, even in summer, when courses have special offers and the mild, pleasant climate makes this sport even more enjoyable. Its nine original courses -

including El Tecina on the nearby island of La Gomera, designed by top experts and with between 18 and 27 holes, make Tenerife a veritable paradise for golfers. If you add the vast range of supplementary attractions, including all manner of excellent golf establishments and facilities, combined with a wide variety of leisure activities, an unforgettable stay is guaranteed both on and off the green.



Golf courses

North

Buenavista Golf

C/ Vista la Monja, s/n
38480, Buenavista del Norte
011-34 922 129 034
www.buenavistagolf.es

Real Club de Golf de Tenerife

C/ Campo de golf, 1 El Peñón
38350, Tacoronte
011-34 922 636 607
www.rcgt.es

South

Golf del Sur

Urb. Golf del sur,
Avda. Galván Bello, s/n
38639, San Miguel de Abona
011-34 922 738 170
www.golfdelsur.es

Amarilla Golf & Country Club

Urb. Amarilla Golf, s/n
38639, San Miguel de Abona
011-34 922 730 319
www.amarillagolf.es

Golf Las Américas

Avenida Rafael Puig, 10
Playa de las Américas.
38660, Arona
011-34 922 752 005
www.golflasamericas.com

Centro de Golf Los Palos

Ctra. Guaza-Las Galletas. Km7
38636, Arona
011-34 922 169 080
www.golflospalos.com

Golf Costa Adeje

Finca de Los Olivos, s/n
Costa Adeje
38670, Adeje
011-34 922 710 000
www.golfcostaadeje.com

Abama Golf

Ctra. Gral TF-47 Km9.
Playa San Juan
38687, Guía de Isora
011-34 922 126 300
www.abamahotelresort.com

La Gomera

Tecina Golf

Lomada del Tecina, s/n
Playa de Santiago.
38811, La Gomera
011-34 922 145 950
www.tecinagolf.com

www.traveltotenerife.com/things-to-do/golf





WORLD CLASS ACCOMMODATIONS

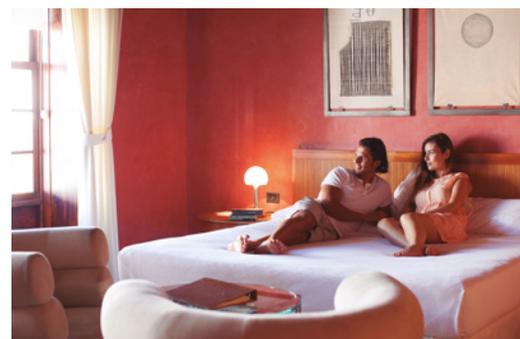
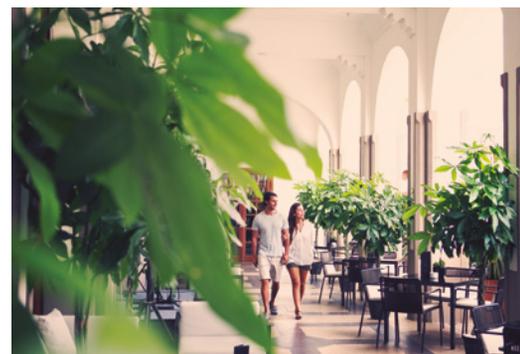
Choose where to stay

■ You'll find accommodations that adapt perfectly to your vacation needs. The leading Spanish and international hotel groups all offer accommodation on the Island, ensuring **quality, prestige and expertise through a wide range of four and five-star hotels** providing exclusivity and services such as spas, gyms and jacuzzis.

Whether it be it the south, north, or the metropolitan area of the Island, you'll have more than one hundred hotels and fifty apartment complexes to choose from.

Family oriented, ideal for couples or specialising in business travellers; with **golf courses; next to the beach or in busy shopping areas**; above high cliffs or nestled among vines and banana trees; in popular tourist areas or in the city; modern or traditional... There are also smaller yet equally welcoming places such as hostals and guest houses.

If we had to define the concept of a rural house in Tenerife, we would say something like this: it is the chance to stay in a completely natural environment but with all the comforts that will make your stay enjoyable. It's simple, and at the same time, accurate. On the island you can choose from a wide range of this type of accommodation. From restored mansions and carefully renovated farm houses to homes of contemporary design. But all have a common characteristic: their location in natural spots where your spirit will find peace. They blend into the surroundings without attracting attention, and many are located in one of the 43 protected natural areas around the island, such as magical laurel forests or endless pine forests sur-





“A vast array of four and five-star hotels provide exclusivity and services such as spas, gyms and jacuzzis.”

rounding the Teide National Park ... The choice yours. People who opt for this type of lodgings really value the fact that they not only allow them physical and mental distance from their busy daily lives, but also enable them to adapt to the peaceful rhythm of the countryside and its customs and take part in outdoor activities. Above all, while taking a breath of really pure air.

Hiking, biking and bird watching are some of the activities but you can also join in other more relaxing ones but equally suggestive. How about a visit to an organic farm or a wine cellar where unique wines are made. It could not be easier to enjoy nature to the fullest. To experience that

feeling of going to sleep under the stars in the company of the wonderful sound of silence. Shhh ...

El Parador del Teide Hotel. It gives you the chance to stay in one of the world's most beautiful places, in the very heart of the National Park. An excellent starting point for guided trips, stargazing or moonlight walks.

Another, highly original way to explore the Island is the so-called Cruise & Stay. Travellers coming here to board a cruise ship based at the Port of Tenerife seize the opportunity to stay a few days and enjoy all that our Island has to offer.





TRADITION SETS US APART

Major events

January
Romería de San Sebastián in Adeje
Canary Islands Music Festival

February
Carnival

March
Easter in La Laguna

April
Traditional Pilgrimage de San Marcos in Tegueste

May
May festivities in Santa Cruz with traditional dancing
Mueca Street Art Festival in Puerto de la Cruz
Canary Islands Day, 30/05
Holy Cross Festivity in Los Realejos and firework show, 3/05.

June
St. John's Day Festival
Corpus Floral Carpets in La Orotava
Romería de San Antonio in Granadilla

July
El Carmen Festival
Traditional Pilgrimage de San Benito in La Laguna
Fimucité: Tenerife International Film Music Festival

August
Tejina Festival of Hearts
Festival of the Virgin of Candelaria
Traditional Pilgrimage San Roque in Garachico
Traditional Pilgrimage San Agustín in Anifo

September
El Cristo de La Laguna Festival
Traditional Pilgrimage del Sacro in Güímar
Traditional Pilgrimage de San Miguel

October
Battle of Lepanto reenactment in Valle Guerra

November
San Andrés Wine Festival

December
Christmas Concert by Tenerife Symphony Orchestra
Los Silos International Festival of Tales

Left
Religious Festival

Right
*Carnival Queen,
Santa Cruz de Tenerife*

Bottom left
Corpus de la Orotava

Bottom right
*History Museum,
San Cristóbal de La Laguna*



We're authentic

Popular festivities

■ Tenerife is proud of its authentic traditions, fiestas, gastronomy and friendly people.

Religious festivals and processions are a prime example of local culture. From March to September, ox-drawn carts, traditional food, local wines and meats take center stage in towns and villages all around the Island. Islanders wearing bright and colorful 'mago' costumes (traditional local dress) accompany 'parrandas' (traditional folk groups) playing Canary Island folk tunes and are the stars of the show at the festivals in Tegueste, San Benito (La Laguna) and San Roque (Garachico), three of the most popular festivities.

“Tenerife is proud of its authentic traditions”

Popular fiestas are held throughout the year, many of a religious nature. **Holy Week**, especially in La Laguna, or the **Corpus Christi** celebrations, most notably in La Orotava where you can enjoy tapestries made from flowers and sand from Mount Teide, are highly recommended.

Other major festivities include the celebrations in honor of the **Virgin of Candelaria**, an exquisite religious statue and **Patroness of the Canary Islands**; and the **opening of the wine cellars** to sample the new wine at Icod de los Vinos, inducing local youngsters to launch themselves downhill on wooden boards.

Carnivals

More than any other festivities on the Island, there is one extra special occasion: the **Carnivals**, which transform Tenerife and its people every February. Those of Santa Cruz, a Festival of International Tourist Interest, are the largest in Europe and over the course of several weeks thousands of locals and visitors alike fill the city with sequins, feathers, music and non-stop fun day and night to celebrate one of the safest festivals to be enjoyed anywhere. The best way to really join in with this party of all parties and make sure you have the time of your life is to wear fancy dress, or at the very least a colorful wig and face paint.

Cultural activities

Culture also plays a vital role on the Island of Tenerife. Many cultural attractions and venues await you, such as the **Leal Theatre in La Laguna** and **Guimerá Theatre in Santa Cruz**, the **Adán Martín Tenerife**

Auditorium (designed by architect Santiago Calatrava) or the Tenerife Espacio de las Artes art centre, TEA (by the prestigious architects Herzog & De Meuron), which are well worth visiting for their architectural value alone.

The **Museum of Nature and Mankind**, the **Museum of Science and the Cosmos** (offering hands-on experiments) or the **Military Museum** (its many treasures include the Tiger Cannon, which thwarted British Admiral Lord Nelson's attempts to conquer Tenerife) ensure a day of fun and learning for all the family.

Make the most of your stay to enjoy some of the many cultural festivals held on the Island: the **Canary Islands Music Festival**, the **Opera Festival**, the **Tenerife Festival of Dance**, the **Atlantic Jazz Festival**, **Los Caprichos Musicales de Isla Baja** music festival, the **Festival of Brazilian Music**, the **Canary Island Puppet Festival**, the **Folk and Roots Festival** or the **Mueca International Street Arts Festival** in Puerto de la Cruz.



SEDUCTIVE COLORS ENTICING FLAVORS

Sample the best of the Island

■ The local gastronomy is a further example of Tenerife's authenticity and certainly the most delicious. Dishes made from local produce creating a marvellous fusion between traditional and avant-garde. **Potatoes, 'mojos' (sauces), 'gofio' (toasted corn meal), cheese, fish, honey...** the islanders love of excellent food has led its local cuisine to be included in the prestigious club known as Saborea España (Tasting Spain), which encompasses the finest gastronomic destinations in Spain.

A great way to sample Tenerife's cuisine is to try one of the island's local delicacies. The "papas arrugadas" ("wrinkled potatoes") with red and green "mojos" (paprika and green coriander sauces) are a must but there are plenty of dishes such as the Canarian stew (mixed vegetables and meat) and grilled sardines to excite food lovers. Desserts are widely enjoyed on Tenerife and promise to be finger-licking-good. Honey is a very popular dessert ingredient and the most unusual-tasting type of honey is obtained from endemic species such as the Teide broom.

Traditional marketplaces and street markets in towns and villages all over the Island offer wonderful fresh produce, often grown on organic farms, and are busy meeting points where you can share experiences with islanders who have expert knowledge of the area.

Tenerife wines are unique in the world for their different, original flavor and the sacrifice needed to make them in steep hand-cultivated vineyards often in narrow, remote areas. These elements, coupled to a nutrient-rich volcanic soil, give characteristics that from the sixteenth century onwards, were recognized in Europe. It may surprise you to know that especially the wine trade with the US was extraordinary in that period. The most important thing is that the popularity of the island's wines has continued until today.

Different types of soil and climatic zones of Tenerife (north-south-coast-lower hills-mountain and cold-temperate climate) mean that wines produced in one part of the island have nothing to do with those produced few kilometres away. And that is one of the specific traits of Tenerife wines - their great diversity.

In Tenerife there are five denominations of origin: Tacoronte-Acentejo, Ycoden-Daute-Isora, Valle de la Orotava, Abona and Güímar Valley. Each produces both red and white wines with a strong personality such as Malvasia or Malmsey. You can try one and think that you've tried them all but you could not be more wrong. So a good tip during your stay is to have lunch or dinner at local restaurants on the island and ask for wines from Tenerife. As well as being the perfect accompaniment to traditional

dishes, local wines will make your experience even more delightful. You will remember our island fondly in your memories for the wines that stole your heart.

There's a type of establishment on the Island known as a **guachinche**. These small, family-run eateries, often improvised on the terrace or in the garage of rural houses, only open at certain times of the year to offer wine from their own harvest accompanied by two or three traditional dishes at very affordable prices. Such establishments have deep roots on the Island, and islanders will be delighted to tell visitors how to find them. Our only recommendation: be sure to visit them.

*Top left
Puerto de la Cruz
La Caleta, Costa Adeje*

*Bottom left
La Orotava*



Left
Aqualand
Jungle Park
Forestal Park

Loro Parque

Right
Siam Park
Loro Parque
Karting Indoor Tenerife
Forestal Park



SMILES BIG AND SMALL





Have fun day and night

There's no time to be bored on Tenerife, which has many theme parks where you can enjoy unforgettable experiences. Open all year, they are the perfect supplement to all the activities and places to discover on your holiday.

Siam Park (Costa Adeje) is Europe's largest water park, occupying 185,000 square metres. Entirely themed on the Kingdom of Siam, it boasts some amazing attractions: an artificial white-sand beach with three metre-high waves, the Tower of Power (the second highest 'kamikaze' water slide in the world) and many others, ensuring a fun day out with family or friends.

Loro Parque, in Puerto de la Cruz, is an incredible wildlife park and aquarium visited by millions of people each year. The orca show is the star attraction, though the penguins come a close second, living in an

exact replica of their natural frozen habitat; Katandra Treetops, an aviary with hundreds of birds from around the world, Bengal tigers, dolphins... and, of course, all the fun of the parrot show. Parque Loro (Spanish for Parrot Park), has the best and largest collection of these intelligent, friendly birds in the whole world.

In the south of the Island you can visit **Jungle Park**, a jungle setting full of wild animals and there's even a bird of prey free-flight exhibition including eagles. Emulate your favourite racing driver at **Karting Club Tenerife** or enjoy the thrills and spills of the water slides at **Aqualand**; so many things to do during your holiday, and what better way to round it off than a visit to **Forestal Park**, an adventure playground boasting over a hundred tree-top attractions where Tarzan would feel right at home.

Theme parks

Aqualand Costa Adeje

Av. de Austria, 15
San Eugenio Alto, Costa Adeje
38660, Adeje
011-34 922 715 266
www.aqualand.es/tenerife/

Forestal Park Tenerife

Ctra. de La Esperanza, km 16
Las Lagunetas
38001, El Rosario
011-34 902 091 471
www.forestalpark.com/tenerife/

Jungle Park

Urb. Las Águilas del Teide
38640, Arona
011-34 922 729 010
www.aguilasjunglepark.com

Karting Club Tenerife

Carretera del Chó s/n, entre
Parque de la Reina y Las Chafiras
38640, Arona
011-34 922 730 703
www.kartingtenerife.com

Karting Indoor Tenerife

C/ Anatolio Fuentes García, 2.
Polígono Ind. Costa Sur
Barrio de Buenos Aires
38009, Santa Cruz de Tenerife
011-34 922 104 144
www.indoortenerife.com
info@indoortenerife.com

Loro Parque

Avda. Loro Parque s/n.
38400, Puerto de la Cruz
011-34 922 373 841
www.loroparque.com

Pirámides de Güímar

C/Chacona, s/n
38500, Güímar
011-34 922 514 510
www.piramidesdeguimar.es

Siam Park

Avda. Siam Park s/n.
Costa Adeje, 38660, Adeje
011-34 822 070 000
www.siampark.net



GREAT DAYS. BETTER NIGHTS



Welcome to the Party

■ When the sun goes down, Tenerife truly comes to life. Our excellent climate allows you to enjoy a drink at an open-air terrace bar any time of the year. Some have sea views, others are in parks, amid busy shopping streets, at marinas...

You can try your luck at blackjack, poker or roulette at the Island's three luxury casinos: Las Américas (ground floor of the prestigious Hotel Gran Tinerfe), Santa Cruz (Hotel Mencey) and Puerto de la Cruz (at the Lago Martiánez swimming pool complex). www.casinostenerife.com

Classical music and jazz concerts or performances by the biggest stars of the moment are just a few other options to make your stay on the Island even

more memorable. The year-long schedule of festivals and events offers every imaginable style to suit all tastes. Plus, every day you have the chance to see original live shows at the many venues and night clubs in both the north and south of the Island.

Venues such as Ábaco, Pirámide de Arona-Carmen Mota dance show, Hard Rock Café Tenerife, Blanco Bar, Monkey Beach Club and Papagayo Beach Club.

The spectacular Magma Arte & Congresos, on Costa Adeje, plays host to a wide range of cultural events (concerts, musicals, exhibitions) which we highly recommend during your stay with us.

“Enjoy unforgettable experiences”

For those who were born to party, every trend and ambience is on offer at pubs and clubs open every night of the week; or dance till dawn at a disco to the sound of rock, pop, house, techno or salsa.

On Tenerife, the party is non-stop, it's up to you to say when the night has ended. You can choose sessions by famous Spanish and international DJs at festivals and clubs all over the Island, or bars and venues where lovers of techno and chill-out will reach the very peaks of ecstasy. A more relaxed option is the moonlight beach parties offering great music and excellent company.



Tenerife no limits

YOU SET YOUR OWN LIMITS

■ If you like giving it your all and never giving up, Tenerife is ideal for you. For some people a holiday is not a holiday without doing their favourite sport. Tenerife is for you if your idea of relaxation is to ride into the horizon on a road or mountain bike, take to the windswept shores on a windsurfing board, put your trainers on and run across mountains; or zip up your wet suit and dive into the Atlantic Ocean. Your relaxation is to do what you want to do, where ever and when ever you want- this is the closest you come to happiness.

Only when you manage to do that kite surfing stunt that seemed impossible; when you move faster across the water while doing stand up paddle boarding or kayaking; when you climb to the top of a rock that looked too high to climb; when the trail walk gets hard on your legs but you keep walking without giving up...only then is when you take a break and rest: when you realise that there're no limits to what you can achieve.





“The Teide National Park is the third highest volcanic cone in the world.”

WHAT ARE YOU WAITING FOR TO GET STARTED?

■ Many will think that you're crazy because you get up before dawn and run so many miles. Others will not understand that you're always looking for a higher mountain, a longer wave, a stronger wind... There may even be some who say you can't think of anything else, that you only have eyes for the next race. And it will all be true.

Every minute you spend not doing what you enjoy – is simply wasting time. Right now, you will be thinking about your next move on your board, or the road ahead where you will be filling your lungs with fresh air.

You'll be asked why you do it a thousand times and you will answer by shrugging your shoulders, smiling, and the best answer you can give is: because I like it.

Because you like it, you forget that you've been on the water for over three hours and you're still sailing. Somehow you will find the strength to pedal harder and faster uphill.

Because you like it, you live in constant search for new experiences that make you feel alive, where every moment is unique and different from the last.

Because you like it, you won't miss the opportunity to push yourself to the limit, time and again, in a place that has everything: Tenerife.

Thanks to its excellent conditions, the island is appreciated by professional sports people.

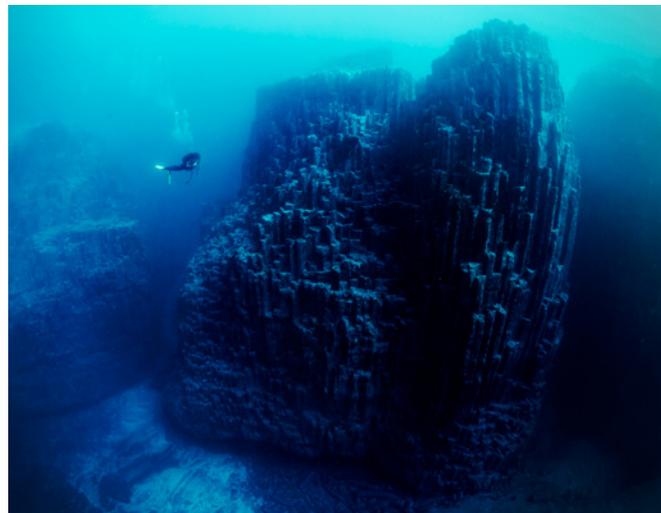
Many are already training on the island. Chris Froome and Alexander Vinokurov on bikes. Britta Steffen in the pool. With their rackets - Ana Ivanovich and Tomas Berdych. Paul Goodison in the sea. England's Newcastle, Swansea and Everton FC's players too. And the French, German, Dutch, Italian, Swiss and Spanish national swimming teams.



“The Cave of the Wind is Europe's largest volcanic tube”



- Enjoy your favorite sport 365 days a year at an average temperature of 74° F
- Discover spectacular footpaths, pedal at altitudes of over 2,000 metres, and immerse yourself in landscapes full of contrasts.
- Surf the best waves, dive through crystal clear waters, and sail wherever the wind may take you.
- Discover Tenerife from the sky.
- Break your own personal best in top-level sports facilities.
- Compete in sporting events of all levels and types.
- Stay where they know how to treat you well.





Conference centres

Tenerife Adán Martín Auditorium

Avda. La Constitución, 1
38003, Santa Cruz de Tenerife
011-34 922 568 600
www.auditoriodetenerife.com
eventos@auditoriodetenerife.com

**Puerto de la Cruz
Conference Centre**

Parque Taoro, 22
38400, Puerto de la Cruz
011-34 922 238 400
www.congresostenerife.com
info@congresostenerife.com

**International Trade Fair
and Conference Centre**

Avda. Constitución, 12.
Cabo Llanos
38005, Santa Cruz de Tenerife
011-34 922 238 400
www.recintoferialdetenerife.com
info@recintoferialdetenerife.com

Magma Arte & Congresos

Avda. de los Pueblos, s/n.
Costa Adeje
38660, Adeje
011-34 922 752 027
www.tenerifemagma.com
info@tenerifemagma.com

**La Pirámide de Arona
Conference Centre**

Pirámide de Arona.
Avda. de las Américas, s/n
38660, Arona
011-34 922 757 500
www.expogrupocom
MNRComercial@expogrupocom

HAVE FUN ON BUSINESS

Tenerife Convention Bureau (TCB)

A destination for conferences and events

Tenerife is also an ideal destination for conferences, events and incentive trips. A comprehensive network of ultra modern conference centres and accommodation able to provide every convenience and cater to any needs allows us to attract large groups, even in excess of 5,000 people. Our vast array of supplementary facilities, including all manner of leisure activities, ensures a successful outcome for any event held on the Island.

Tenerife Convention Bureau is the Turismo de Tenerife department in charge of promoting the Island as a destination for conferences, events and incentive trips.

*Left
Magma Congresos,
Costa Adeje*

*Right
Playa del Duque
beach,
Costa Adeje*

*Bottom
Adán Martín
Tenerife
Auditorium,
S/C de Tenerife*



“Clash of the Titans and Wrath of the Titans, the latest Fast and Furious movie and the classic One Million Years B.C. were all filmed here”

THE END

Tenerife Film Commission (TFC)

Tenerife is cinema

■ Tenerife's 786 square miles of land area encompasses a huge diversity of landscapes, making it a unique setting for all kinds of filming and photography. A natural, mini-continent-like stage endowed with virtually every possible landscape: idyllic beaches, Mars-like environments, forests from the dawn of time... An interesting fact: our 3,000 hours of sunlight per year mean our Island is frequently chosen by film producers, media and all manner of companies to conduct their business in an exceptional setting. To that end, the Island has set up the

Tenerife Film Commission (TFC), the Turismo de Tenerife department in charge of promoting the Island as a movie set.

Clash of the Titans and **Wrath of the Titans**, **Fast and Furious 6**, the classic **One Million Years B.C.** (starring Raquel Welch) or the Spanish film *Una hora más en Canarias* (With or Without Love), are just some of the movies which have used our Island as the perfect backdrop for their stories.

*Playa de Benijo beach,
Santa Cruz de Tenerife*



Top right
Punta Teno,
Buenavista del Norte

Bottom right
Ancient Dragon Tree,
Icod de los Vinos

Bajamar natural pools, San
Cristóbal
de La Laguna



Teide National Park. All who have been to the Island, and those who haven't, will know of Tenerife through the Teide National Park. Standing amid a vast alien landscape, the Island's most famous symbol rises 12,000 ft above sea level. Mount Teide is the third highest volcano in the world and the least Earth-like place on Earth.

The Ancient Dragon Tree. What would someone 800 years old look like? On Tenerife, the Ancient Dragon Tree of Icod de los Vinos is estimated to be that old; a unique chance to see and touch such an incredibly old living being. A tree (actually, it's a bush) of colossal size and which is more than a great-great grandfather: 65 ft diameter and 53 ft tall.

Anaga Rural Park. A Biosphere Reserve in the north-west of the Island where time seems to have stopped at the Tertiary Period. Hiking among the park's lush Laurel Forests is like stepping back millions of years in time and it's easy to imagine that witches and fairies once lived here.

Teno Rural Park. The lucky 1,300 inhabitants of Teno Rural Park, a place of stunning natural beauty, live in the small villages of El Palmar, Teno Alto, Los Carrizales, Las Portelas and Masca. They make a living from livestock and farming, and the peace and tranquility which permeates the area has greatly shaped their philosophical outlook on life. It's a great place for all kinds of outdoor activities, including hiking.

MUST-SEE
SIGHTS
YOU'LL
HAVE SO
MUCH TO TELL



Los Gigantes Cliff. The name Los Gigantes (The Giants) was given for obvious reasons. This cliff in Santiago del Teide forms part of the Teno Rural Park and at certain points towers 2,000 ft above sea level, with virtually sheer walls which provoke a sense of vertigo even when seen from below.

Whale and dolphin watching. You don't need to travel halfway round the world to see whales and dolphins. They live some three miles off the coast of Tenerife all year round. Tour boats set out from various ports in the south of the Island every day, offering a chance to see the bottlenose dolphins and pilot whales which have established permanent colonies in our waters.

Basilica of Candelaria. Its white and beige tones provide stark contrast to the bronze statues of Los Menceyes (ancient pre-Spanish kings) standing alongside the basilica and the black volcanic sands of the beach at its feet. The religious value of this building is greatly enhanced by the treasure of incalculable spiritual value housed within: the exquisite statue of the Virgin of Candelaria, Patroness of the Canary Islands, highly revered by the islanders.

Adán Martín Tenerife Auditorium. Santiago Calatrava designed this work of art. The world famous architect created a seemingly impossible building. With part of its structure hanging in mid-air as if by magic, the exterior radiance of the Tenerife Auditorium simply reflects the beauty which it emanates. It's a must-see visit for all visitors to the Island, and attending one of the regular concerts, operas or musicals is the ultimate experience.

Historic areas. The idyllic resort that is Tenerife owes much to its history, art and culture. The historic areas of La Laguna - a World Heritage Site -, Garachico or La Orotava, awarded prizes acknowledging their excellent state of conservation, are just three examples of the treasures to be discovered in many of our towns and which entice you to stroll through their streets and admire their beauty. So much more than sun and beaches.



Anaga Rural Park

San Cristóbal de La Laguna



LIVE
THE PAST
TODAY



Top left
La Orotava

Top right
San Cristóbal de La Laguna

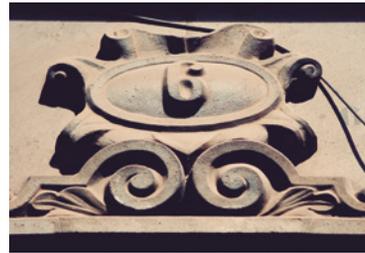
Bottom
Garachico



WORLD HERITAGE AND CULTURE

■ Mother Nature made part of the island her own. She created a spectacular volcanic land of incalculable value. She gave us sun, **Mount Teide, the laurel forests, beaches...** and then, man took care of the rest. Tenerife boasts a cultural heritage on a par with its natural beauty which, in combination, create the complete holiday destination.

Cultural features on the island that you can enjoy on foot are the historic areas of its cities and towns. **La Laguna is a Unesco World Heritage Site;** Garachico has been awarded the **Gold Medal for Fine Arts;** La Orotava is an acknowledged **Historical Artistic Site,** and **Icod de los Vinos is a site of Cultural Interest.** These and many other examples perfectly illustrate the Canary Islands' rich architectural traditions, where the typical wooden balconies - usually made of pitch pine - stand out for their intricately beautiful carvings. There's never sufficient time to fully admire each town's churches, convents, historic buildings, plazas, fountains, palaces...



In addition to these edifices, some of which date back over 400 years, Tenerife is also renowned for its avant-garde architecture. Santiago Calatrava has left his mark on such buildings as the **Adán Martín Tenerife Auditorium** and the **International Trade Fair and Conference Centre.** Its curved lines and open spaces have become icons within the works of this international figure from Valencia.

The prestigious Swiss architects Herzog & De Meuron have also left their creative mark on the **Tenerife Espacio de las Artes (TEA)** arts centre, and the remodelling of the centrally located **Plaza de España de Santa Cruz,** whose original creations include vertical gardens and delicate teardrop-shaped lamps.

Indeed, the entire Island is a reflection of unforgettable culture and heritage to make your stay with us a truly wonderful experience.

Museums to find out more

Tenerife's museums host exhibitions and collections that perfectly compliment a day out on the island.

There is a public network of museums offering a wide range of options that combine expanding your knowledge with having a fun and pleasant time.

Museums across Tenerife promise to expand your knowledge on nature and natural history in a fun and informative way and are great places to start or finish off a day out on the island.

The Museum of Nature and Mankind; the Museum of Science and the Cosmos; the Museum of History and Anthropology; and the Centre for Canarian-Latin American Documentation are all worth a visit.

museosdetenerife.org



NOT TO BE MISSED

Events calendar

Teno Rural Park, Buenavista del Norte



January

- The Three Wise Men procession
- PIT (Fun Fair)
- Craft fairs during the 'Reyes' holiday (Spanish equivalent to Christmas)
- Three Wise Men show and procession in Tejina
- San Antonio Abad livestock festival at various towns.
- Canary Islands Music Festival
- Canary Islands Folk Fest in Arona
- Romería de San Sebastián Festival in Adeje

February

- Traditions and Folklore Week in Adeje
- Arona International Music Festival
- Breads of the World exhibition. Arico
- Carnivals
- Canary Islands Music Festival
- Canary Islands Folk Fest in Arona
- Las Burras donkey festival in Güimar
- Matar la Culebra festival in Puerto de la Cruz
- Candle Festival in Candelaria
- Route of the Blossoming Almond Trees in Santiago del Teide.

March

- Canary Islands Alternative Music Festival
- La Laguna Guitar Festival
- Canary Islands Religious Music Festival
- Athletic Race to La Laguna
- Canary Islands Folk Fest in Arona
- El Paso de la Cumbre festival in Santiago del Teide

- Puerto de la Cruz Festival of Early and Baroque Music
- Pascua Florida in Guía de Isora

April

- April, wine month in Tegueste
- Tránsitos International Music Festival
- Las Galletas Half Marathon
- Romería de San Marcos Festival in Tegueste
- Easter in La Laguna
- I love Music Festival
- Isla Baja Caprichos Musicales festival
- La Orotava Music Festival
- 7 Islands Folk Festival
- Pinolere Cheese Fair
- Abama Golf Pro Am

May

- Celebration of Canary Islands Day
- Adeje Craft Fair
- Athletic Race around Tenerife
- Beñesmén, Romería Guanche festival in San Juan de la Rambla
- Romería de San Isidro Labrador religious festival in various towns
- Day of the Cross. Fireworks display in Los Realejos
- Zarzuela song festival
- Isla Baja Caprichos Musicales festival
- Arona Jazz Festival
- Holy Cross Festivity in Santa Cruz and in Puerto de la Cruz.
- Festival MUECA in Puerto de la Cruz

June

- Santa Blues in Santa Cruz
- Arona Magic Festival
- Alfombras del Corpus Christi street tapestry festival in La Orotava
- Romería de San Isidro Labrador religious festival in various towns
- Los Hachitos fire festival in Icod de los Vinos
- Enrame de los Chorros festival in Puerto de la Cruz celebrating St. John's Day
- Baño de las Cabras goat bathing festival in Puerto de la Cruz
- St. John's Day Festival
- St. Peter's Day festivals in El Sauzal and Güimar

July

- Arona Wine Festival
- Arautápala International
- Las Galletas Folk Festival
- La Orotava Chamber Music Festival
- Fotosub Tenerife
- Tenerife Lan Party
- El Carmen Festival
- Fiestas lustrales del Cristo de Garachico, with processional carts and fireworks
- Danza de las Varas dance festival in Las Vegas. Granadilla
- Gesta del 25 de Julio historical reenactment
- Carboneras festival
- Chirche Day of Traditions
- Romería de San Benito religious

The contents of this schedule are subject to changes or modifications



Romería de Tegueste Festival



festival in La Laguna

- Threshing Day in El Tanque
- World Story Tellers Festival, Los Cristianos
- Fimucité. International Film Music Festival
- Canarias Jazz Más Heineken
- Canary Islands Infinity Xtreme Race

August

- Bavarian Week in Puerto de la Cruz
- "Verano de Cuento" Story Telling Festival, El Sauzal
- Varas y Cintas de San Isidro festival
- La Bajada de las Hayas in La Guancha
- Tejina Festival of Hearts
- Candelaria festival
- Baskets and Buns Parade and procession of Saint Barbara in Icod de los Vinos.
- Festival of Traditions
- Harvest Festival
- Romería del Poleo religious festival, El Amparo
- Romería de San Roque religious festival in Garachico
- Romería de San Agustín religious festival in Arafo
- Romería de La Esperanza religious festival
- Atlantic Salsa Festival
- Arona Summer Festival
- World Windsurfing Championship in El Médano

September

- Celebration of World Tourism Day
- La Librea in Tegueste (every three years)
- Sabandeño Music Festival
- Tenerife Opera Festival
- Transfer of the Virgin of Guía statue from Garachico to Guía
- Pinolere Craft Fair
- Buenavista Threshing Festival
- Fiestas del Cristo religious festival in La Laguna
- El baile del Diablo y la Diabla dance festival
- Romería del Socorro religious festival
- Boreal Festival
- Almond harvest
- Fiestas de la Luz in Los Silos
- Fiestas del Cristo de Los Dolores in Tacoronte.
- Romería de San Miguel

October

- Tri-continental Craft Fair
- Infanta Cristina Sailing Regatta
- Canary Islands Folk Fest in Arona
- Tenerife Opera Festival
- Los Barcos y Carreras de Barcos boat race. Tegueste
- Romería de la Virgen de la Encarnación religious festival. Adeje
- Almond Fair (La Gran Majada) in Aripe, Guía de Isora
- La Librea de Valle Guerra
- Tenerife Bluetrail

November

- Month of the Chestnut
- Tenerife Wine Festival in Santa Cruz
- Aroferia local wine and cheese fair in Arona
- San Andrés festival (Las Tablas) in Icod de los Vinos.
- Canary Islands Folk Fest in Arona
- Tenerife Opera Festival
- Fotonoviembre photography exhibition every two years
- Noche en Blanco 24hr shopping in La Laguna
- Tenerife 40 pop Festival
- Isla de Tenerife Rally
- Santa Cecilia festival in Los Silos
- Tenerife Champions Cup
- Miradas Doc. International Documentary Film festival
- Festival of Cortos Villa in La Orotava

December

- Las Galletas Craft Fair
- Christmas Markets and Bazaars in various towns.
- Christmas concert by the Tenerife Symphony Orchestra, in Santa Cruz de Tenerife.
- Canary Islands Folk Fest in Arona
- Canary Islands Gospel Festival
- San Silvestre in different municipalities
- International Story Festival. Los Silos
- PIT (Fun Fair) in Santa Cruz de Tenerife.

SEE FOR YOURSELF

Useful information

The following channels are available to tourists seeking detailed information on the Island.

Useful information

Quest Travel Adventures
661 Highland Ave Suite 103G
Needham, MA 02494

Tourist Information Centres
Santa Cruz de Tenerife
Tenerife Island Council
Plaza de España, s/n
011-34 922 281 287
amonteverde@tenerife.es

Puerto de la Cruz
Casa de la Aduana. C/ Las Lonjas, s/n
011-34 922 386 000
manuelp@tenerife.es

Tenerife Sur
Reina Sofía Airport
Granadilla de Abona
011-34 922 392 037
huete@tenerife.es

Tenerife Norte
Airport
Los Rodeos (La Laguna)
011-34 922 635 192
info@webtenerife.com

Costa Adeje Troya
Avda. Rafael Puig, 1. Adeje
011-34 922 750 633
turismo@adeje.es

Playa de Las Vistas
Paseo Las Vistas, s/n
Los Cristianos. Arona
011-34 922 787 011
info-vistas@arona.travel

La Laguna Information Point
Casa Alvarado Bracamonte
(Capitanes Generales)
C/ La Carrera, 7 bajo
011-34 922 631 194
turismo.laguna@cabtfe.es

Santiago del Teide
Avda. Marítima
Centro comercial Seguro de Sol,
local 34 Playa La Arena.
Puerto Santiago
011-34 922 860 348
santiagodelteide@yahoo.es

We have over 50
Tourist Information Centres.

www.webtenerife.com/oficinas

Security

Emergencies
112

National Police
091

Local Police
092

Guardia Civil police
062

Guardia Civil traffic police
011-34 922 662 441

Civil Defence
011-34 922 606 060

Health services

Quirón Tenerife Hospital
011-34 922 270 700

Quirón Costa Adeje Hospital,
011-34 922 752 626

Canarias University Hospital,
in La Laguna.
011-34 922 678 000

Nuestra Sra. de Candelaria Hospital,
in Santa Cruz de Tenerife.
011-34 922 602 000

Hospiten Bellevue
Puerto de la Cruz.
011-34 922 383 551

Hospiten Sur, in Arona.
011-34 922 750 022

Hospiten Rambla,
Santa Cruz de Tenerife.
011-34 922 291 600

Hospiten Tamaragua,
Puerto de la Cruz.
011-34 922 380 512

Airports

Tenerife Sur Reina Sofía
011-34 922 759 000

Tenerife Norte
011-34 922 635 998



Sunrise from the top of Mt. Teide



Buenavista del Norte

Ports

Santa Cruz de Tenerife
011-34 922 605 400

Los Cristianos, in Arona
011-34 922 790 827

'Guagua' (bus) stations

TITSA (buses)
011-34 922 531 300
Santa Cruz de Tenerife
011-34 922 219 399
La Laguna
011-34 922 259 412
Puerto de la Cruz
011-34 922 381 807
Playa de las Américas
011-34 922 795 427
www.titsa.com

Regional airlines

Binter Canarias
011-34 902 391 392
www.binternet.com

Regional sea links

Fred Olsen
011-34 902 100 107
www.fredolsen.es

Naviera Armas
011-34 902 456 500
www.navieraarmas.com

Radio Taxi

Adeje: 011-34 922 714 462
Arona: 011-34 922 790 352
Arona, Guía de Isora and San Miguel de Abona (Servitaxitenesur):
011-34 922 747 511
La Laguna: 011-34 922 255 555
Güimar: 011-34 922 510 811
Puerto de la Cruz: 011-34 902 205 002 / 011-34 650 77 09 94
La Orotava: 011-34 922 323 077
Los Realejos: 011-34 922 346 096
Granadilla: 011-34 922 397 475
Buenavista: 011-34 616804942 / 011-34 696568775 / 011-34 630639869
Vilaflor: 011-34 922 709 047 / 011-34 649487387
Candelaria:
011-34 922 503 880 / 011-34 608038113
Tenerife North Airport: 011-34 922 635 114
Tenerife South Airport: 011-34 922 392 119
Eurotaxis in Santa Cruz de Tenerife,
011-34 609 867 581;
011-34 607 612 816; 011-34 629 132 269.
Eurotaxis in La Laguna:
011-34 922 253 677; 011-34 922 255 555; 011-34 635 819 087; 011-34 609 680 244
Eurotaxis in La Orotava:
011-34 646 369 214
Eurotaxis in Santiago del Teide:
011-34 922 86 08 40

Lost & found

Contact the local police of the corresponding town council.

What to pack in your suitcase

With average temperatures of 68° F in winter, 73° F in summer and 300 days of sun per year, the best thing is to bring beachwear and sun cream, comfortable cotton clothing, a jumper or two and a jacket in winter, always depending on the altitude of the area you're visiting. Bear in mind that different altitudes and the trade winds create microclimates, so sometimes temperatures can vary considerably in just a few short miles/kilometres.

Electricity 220 volts

Currency We use the euro €

More information

At your hotel

Ask at reception for the events schedule.

Symbols

-  Tourist Information
-  Refuge, Hostel
-  Airport
-  Port
-  Heritage
-  Whale Watching
-  Marina
-  Golf Course
-  Teide National Park
-  Dragon Tree
-  Cable Car
-  Tourist Attractions

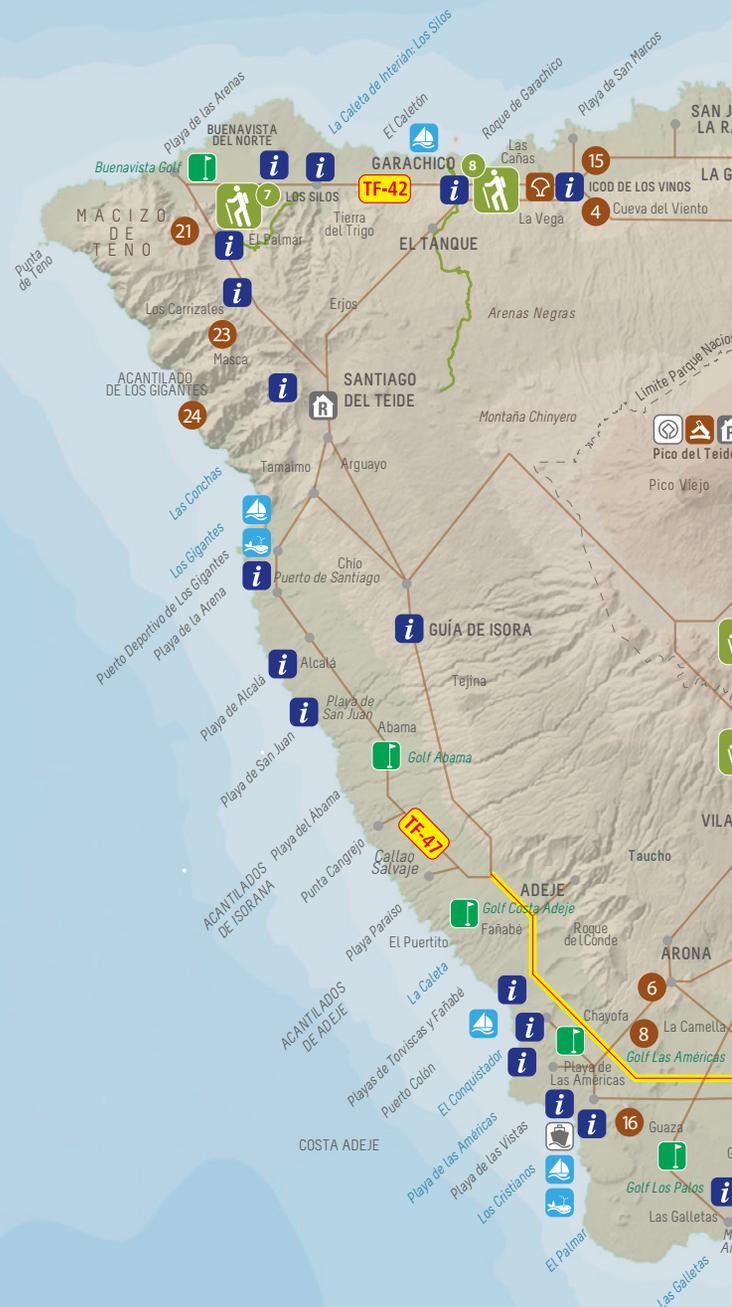
- 1 Auditorium
- 2 Casa del Vino
- 3 Pyramids of Güimar
- 4 Cueva del Viento
- 5 Forestal Park
- 6 Jungle Park
- 7 Loro Parque
- 8 Casa de los Balcones
- 9 Archaeological Museum of Puerto la Cruz
- 10 History Museum
- 11 Anthropology Museum of Tenerife
- 12 Science and The Cosmo Museum
- 13 Nature and Mankind Museum
- 14 Pinolere Ethnographic Museum
- 15 Doll Museum
- 16 Siam Park
- 17 TEA. Tenerife Space of Arts
- 18 The Eduardo Westerdahl Museum of Contemporary Art
- 19 Tenerife Latin American Craftwork Museum
- 20 Carpets Museum
- 21 Rural Park of Teno
- 22 Rural Park of Anaga
- 23 Caserio de Masca
- 24 Acanitlados de los Gigantes (The Gigantes Cliffs)
- 25 Cathedral of Candelaria
- 26 Abaco
- 27 The San Cristóbal Castle Interpretation Centre
- 28 Palmetum
- 29 Botanical Garden
- 30 The Orchid Garden Sitio Litre

-  Principal Footpaths
- 1 Montaña Blanca - Pico del Teide (Ascent of Teide)
- 2 Roques de García
- 3 Parador - Vilaflor
- 4 Vilaflor - Paisaje Lunar - Vilaflor
- 5 Mamio - Pinolere
- 6 Malpais de Güimar
- 7 Los Silos - El Palmar
- 8 Garachico - Montaña Chinyero
- 9 Afur - Taganana
- 10 Cruz del Carmen - Punta del Hidalgo

-  Motorway
-  Road

TENERIFE

SENSATIONS, mile after mile





The Canary Islands



traveltotenerife.com

Follow us on:  facebook.com/TraveltoTenerife

 twitter.com/Tenerife_Travel

 instagram.com/traveltotenerife