



# Tenerife

365 days to enjoy life



Summers full of color  
**The best climate**

Laurel forests, ferns,  
and tranquility  
**Experience nature**

Sample the best of  
the Island  
**Gastronomy**



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“ There’s so much to do it would be easier to tell you the things it’s not possible to do on the Island of Tenerife ”

# TENERIFE: THE ISLE OF TREASURES

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Average annual  
temperature of  
73°F

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Tenerife is the largest of the Canary Islands, a chain in the eastern Atlantic Ocean that is part of Spain and located off the Western Coast of Africa. The Island is an idyll with a remarkable variety of geographic options—from other-worldly desert landscapes to lush green mountains to stunning seascapes—you could imagine yourself in any of thousands of locations around the globe without ever stepping off this captivating Island.

**Average daily temperature: 73°F**  
(Miami: 77°F)

**Area: 785 mi<sup>2</sup>** (Oahu: 597 mi<sup>2</sup>)

**3,000 hours of sunlight per year**  
(Miami: 2,903 hours)

**Nearly 250 miles of coastline,  
43 miles of beaches**

**48% of the Island is protected  
natural area**

**The Euro is the official currency**

**800+ local species of flora and fauna**

**Modern transportation system**

**Two airports**, flights to 150+ cities  
around the world

**Two international cruise ports**

**Two UNESCO World Heritage sites:**

Mt. Teide National Park and  
the city of La Laguna

# FEEL THE WARMTH OF THE SUN AND THE PEOPLE

## COMPELLING REASONS TO VISIT THE ISLAND

There are so many reasons to come, we simply cannot mention them all. So here are just a few examples of why Tenerife is a top destination:

**1 A climate of wellbeing.** Say goodbye to the stressful daily routine. The sunny weather is beneficial for your physical and spiritual harmony. We have a powerful ally: **the mild temperatures on the Island all year round, so every day becomes a chance to unwind and enjoy the simple pleasures of life.** Enjoy the outdoors, stroll through the streets and along seafront promenades, breathe....

**2 Everything for everyone.** Tenerife has something for all visitors, whatever time of year you decide to come. Come alone, bring your family, your partner, friends, or even your pet (which are welcome at many establishments).

**3 Outstanding nature.** Beaches of white or even black sand, laurel forests surviving from the Tertiary Period, and Mount Teide. **The natural diversity of the Island offers strikingly different scenery around every corner,** as observed by Alexander von Humboldt and Charles Darwin himself during their stay on Tenerife. Its ever-present volcanic origins can be best explored by taking one of the many spectacular Island tours.

**4 Choose what you like best.** Choose between water sports and activities at the beach or in the mountains. Take in the best of rural life, go whale and dolphin spotting, have fun at theme parks or playing golf. Go hiking, diving, stargazing, and let yourself go during nights of partying. Indeed, there's so much to do it would be easier to tell you the things it's not possible to do on the Island of Tenerife.

**5 Make shopping an art.** You can come just for the shopping and spend as much time as you like indulging in your favourite pastime. There's no VAT IGIC (local tax) that is applicable here, generally at 7%, making everything cheaper—plus you'll find all the top boutiques and fashion houses. Add to that all the luxury you desire, magnificent villas, plush limousines, and sleek yachts and you have the kind of holiday that will make everyone back home green with envy when you recount your adventures. [webtenerife.co.uk/activities/shopping/](http://webtenerife.co.uk/activities/shopping/)

**6 Clear blue skies.** **The skies of Tenerife are so pure and clear that it is regarded as one of the best places in the world for stargazing.** It is home to the prestigious Canary Islands Astrophysics Institute along with huge telescopes -including the Gregor solar telescope- used by leading Spanish and international scientists attempting to unravel the mysteries of the Universe.



**7 The perfect fusion.** On Tenerife, the Islanders live life with passion and we always have a happy smile on our faces. **Our sweet, friendly nature means we welcome all visitors with open arms** (for instance, drivers invariably stop at pedestrian crossings and we make every effort to give precise directions). This is the result of our being a fusion of Spanish and European forefathers, combined with a strong American and African influence. Many have decided to stay and live here having gotten to know us during their holidays.

**8 Authentic flavors & wines.** **This will be your greatest discovery.** The local cuisine is a delicious combination of the best Atlantic and Mediterranean food, creating exquisite dishes made from fresh local produce that simply make your mouth water.

**9 Relax day and night.** Tenerife is a **Spanish, European, and family destination. A safe Island in every sense, where calm and tranquility reigns, allowing you to enjoy a relaxing, carefree vacation** with the added assurance of knowing that, if the need arises, you have a comprehensive healthcare network at your disposal.

**10 Closer than you think.** The Island is very close to mainland Spain and Europe, just a two to four-hour flight away. **Many flights depart for Europe each day and the Island's location makes it a tri-continental platform and a nexus for bonds and development between Europe, America, and Africa.**

**11 Get in shape.** Our climate, the chance to train both at sea level and at altitude, **modern facilities and accommodation with all the comforts of home and more lead innumerable professional athletes (we are referring to European, World, and Olympic champions) to choose Tenerife every year for their demanding and intense training programmes.** Cycling, swimming, athletics, beach volleyball... Just like them, you can also enjoy your favourite sport on the Island.

**12 The sustainable Island.** Tenerife is an **environmentally-conscious Island.** Bioclimatic houses designed by ITER (Technological Institute of Renewable Energy) offering holiday accommodation and taking full advantage of natural resources for domestic use, our zero-emission tramway or the constant acknowledgment of our hotels for their commitment to sustainability are just some of the examples of the environmental awareness that abounds on the Island.

**13 Move with ease.** Tenerife is the largest of the Canary Islands but **not too big to travel around –visitors can journey from one end of the Island to the other in a day.** Distances are easily manageable— you can travel around the Island on public transport or by hire car if you prefer more flexibility. Tenerife's relatively small size has another positive thing: it's impossible to get lost on the Island.

**14 Better conventions & events.** With several large convention centers on the Island, Tenerife is a popular destination for corporate event planners who are looking for a warm, unique location for that special event.

“Due to its volcanic origins, Tenerife also has black sand beaches, mainly in the north of the Island”

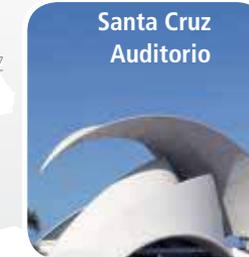
# TENERIFE POINTS OF INTEREST



La Laguna



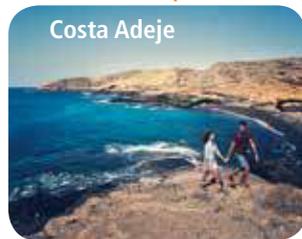
Garachico



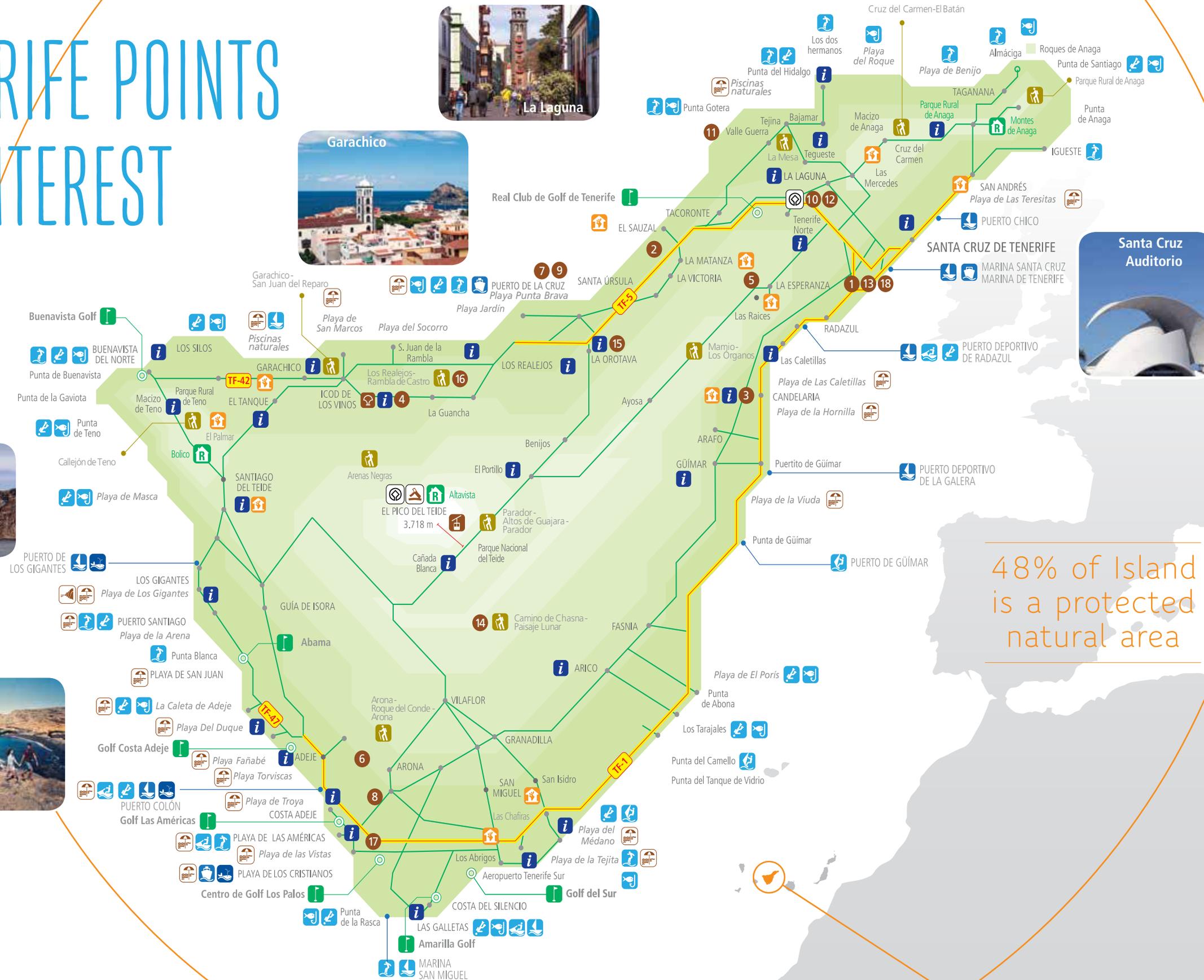
Santa Cruz Auditorio



Los Gigantes



Costa Adeje



Nearly 250 miles of coastline, 43 miles of beaches

48% of Island is a protected natural area

- Tourist Information Office
- World Heritage Site
- Mt. Teide cable car
- Ancient Dragon Tree
- Mt. Teide
- Los Gigantes
- Beaches

- Hostels and refuges
- Recommended paths
- Farmers' market
- Golf courses

- Windsurfing / Kite surfing
- Surfing
- Jet skis
- Sport fishing
- Diving
- Marinas
- Ports
- Whale watching

Places of interest

- 1 Auditorium
- 2 Casa del Vino
- 3 Centro Alfarero Casa Miquelas
- 4 Cueva del Viento
- 5 Forestal Park
- 6 Jungle Park
- 7 Loro Parque
- 8 Monkey Park
- 9 Archaeological Museum Puerto de la Cruz
- 10 Museum of History
- 11 Museum of History: Casa de Carta
- 12 Museum of Science and the Cosmos
- 13 Museum of Nature and Mankind
- 14 Paisaje Lunar
- 15 Pueblo Chico
- 16 Rambla de Castro
- 17 Siam Park
- 18 TEA, Tenerife Arts Centre

# MT. TEIDE

## Journey to the Center of the Earth

One of Tenerife's national treasures is Teide National Park, a UNESCO World Heritage Site. Looming large over this surreal landscape is Mt. Teide, Spain's highest peak at 12,198 feet above sea level. More than three million people visit each year to view this majestic, breathtaking, unique treasure.

An invigorating three-hour hike along a winding trail leads to a stunning mountain refuge on Mt. Teide known as Altavista. After a restful night's sleep, it is a mere

hour's traverse to the summit, which opens upon breathtaking sunrise views of all seven Canary Islands. It is like being on top of the world.

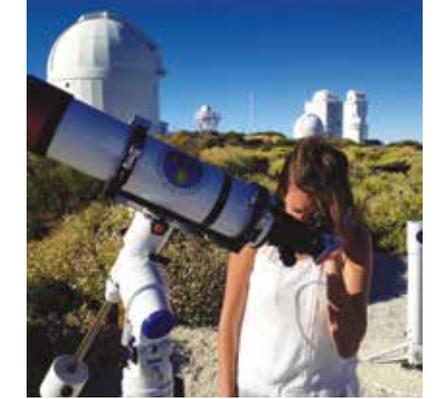
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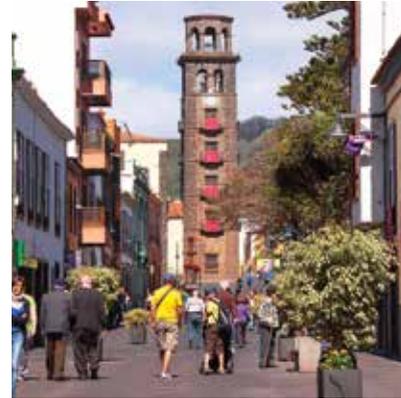
Mt. Teide:  
UNESCO World  
Heritage Site

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As the sun dips behind Mt. Teide, the volcano casts a shadow across the "Sea of Clouds," dominating the pinkening skyline like a giant, dark pyramid.





## La Laguna: UNESCO World Heritage Site

# ARTS & CULTURE

Tradition  
sets us apart

Tenerife's Spanish heritage dates back to the 15th century, and is home to historical towns, architecture, and sites.

La Laguna is Tenerife's former capital and considered to be the cultural capital of the Canary Islands. Its historical center was declared a UNESCO World Heritage Site in 1999. La Laguna is known for its many beautiful churches, including Santo Domingo, the Church of the Holy Christ, and the San Miguel Chapel.

Explore Garachico's natural lava pools in this colonial port that was once home to American colonists. Garachico is a port town that served as the gateway for trade between Europe and the New World in the 16th and 17th centuries. It is known for its many wine shops and also home to the oldest living Roca tree, just one of the many species of exotic and unique flora and fauna in this fertile Mediterranean climate.

Tenerife is proud of its authentic traditions, fiestas, cuisine and, above all, its friendly people. From spring to fall, ox-drawn

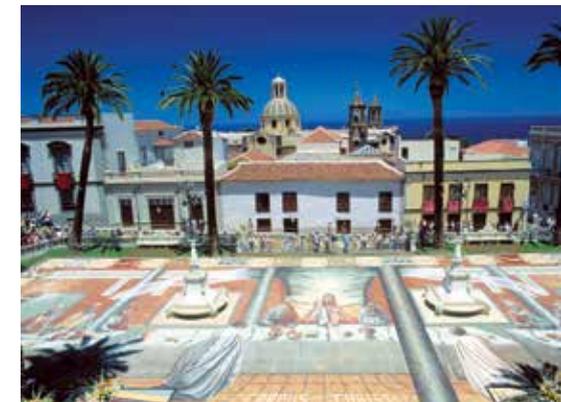
carts, traditional food, local wines, and meats take center stage. Islanders wearing colorful 'mago' costumes accompany 'parrandas' musical groups who play tunes at popular festivals in Tegueste, San Benito (La Laguna), and San Roque (Garachico) among others.

Popular fiestas are held throughout the year, many with a religious note. Holy Week in La Laguna and the Corpus Christi celebrations in La Orotava, are highly recommended. Other major celebrations pay tribute to the statue of the Virgin of Candelaria, Patroness of the Canary Islands, as well as the sampling of new wines at Icod de los Vinos, where local youngsters descend the hills on wooden boards at breakneck speeds.

However, one festivity on Tenerife outshines the rest: the Carnival, which transforms Tenerife's towns and its people every February. For several weeks in

Santa Cruz, in particular, thousands in fancy dress, wigs and face paint fill the city with sequins, feathers, music, and non-stop fun.

Architecture is another aspect of Tenerife's charm. Traditional wooden balconies of pitch pine, specific to the Canary Islands, often include intricate carvings. There never seems to be sufficient time to fully appreciate the Island's churches, convents, historic buildings, plazas, fountains, and palaces, many dating back 400 years or more. In addition to historic treasures, Tenerife is also known for modern architectural gems. Calatrava's curved lines and open spaces grace the Adán Martín Tenerife Auditorium and the International Trade Fair and Conference Centre. Swiss architects Herzog & de Meuron have left their creative signature on the Tenerife Espacio de las Artes, and the Plaza de España de Santa Cruz.



## World's 2nd Largest Carnival

# NATURE HIKES

Tenerife boasts 43 protected nature areas, comprising a stunning 48% of the Island. Hike the hundreds of miles of posted trails and enjoy the view. The Laurel Forests are a lush relic of the past. El Acanilado de Los Gigantes—“The Giant Cliffs”—soar 2000 feet overhead. The Sendero de los Sentidos—“the Path of the Senses”—is an annotated natural landscape that stimulates sight, hearing, touch, and smell.

One experience available only on Tenerife is exploring the 10-mile-long Cueva del Viento—the “Cave of Wind”—at Icod de los Vinos. It is a journey into the depths of the Earth. Likewise, horseback trails crisscross the Island, and Tenerife’s location has made it a prime pit stop for migratory birds traversing their ways north and south, making bird watching a favorite pastime for Islanders and tourists alike.

Head over to the northern part of the Island to Puerto de la Cruz at the foot of Mt. Teide to explore the Botanical Gardens. Created in 1788, the Botanical Gardens contain one of the world’s most unique collection of plants and trees from five continents, including the local Roca tree. You will also have time to visit San Telmo, Plaza del Charco, the La Ranilla district, and the Taoro Park, where the Taoro Casino is located.

With the perfect climate and gorgeous scenery, Tenerife is the ideal location for hiking. In Taganana, explore the rural park of Anaga, a rich natural area and ecological reserve. The Laurel Forest located here is a breathtaking reminder of the continental Europe’s Mediterranean forests that disappeared long ago.

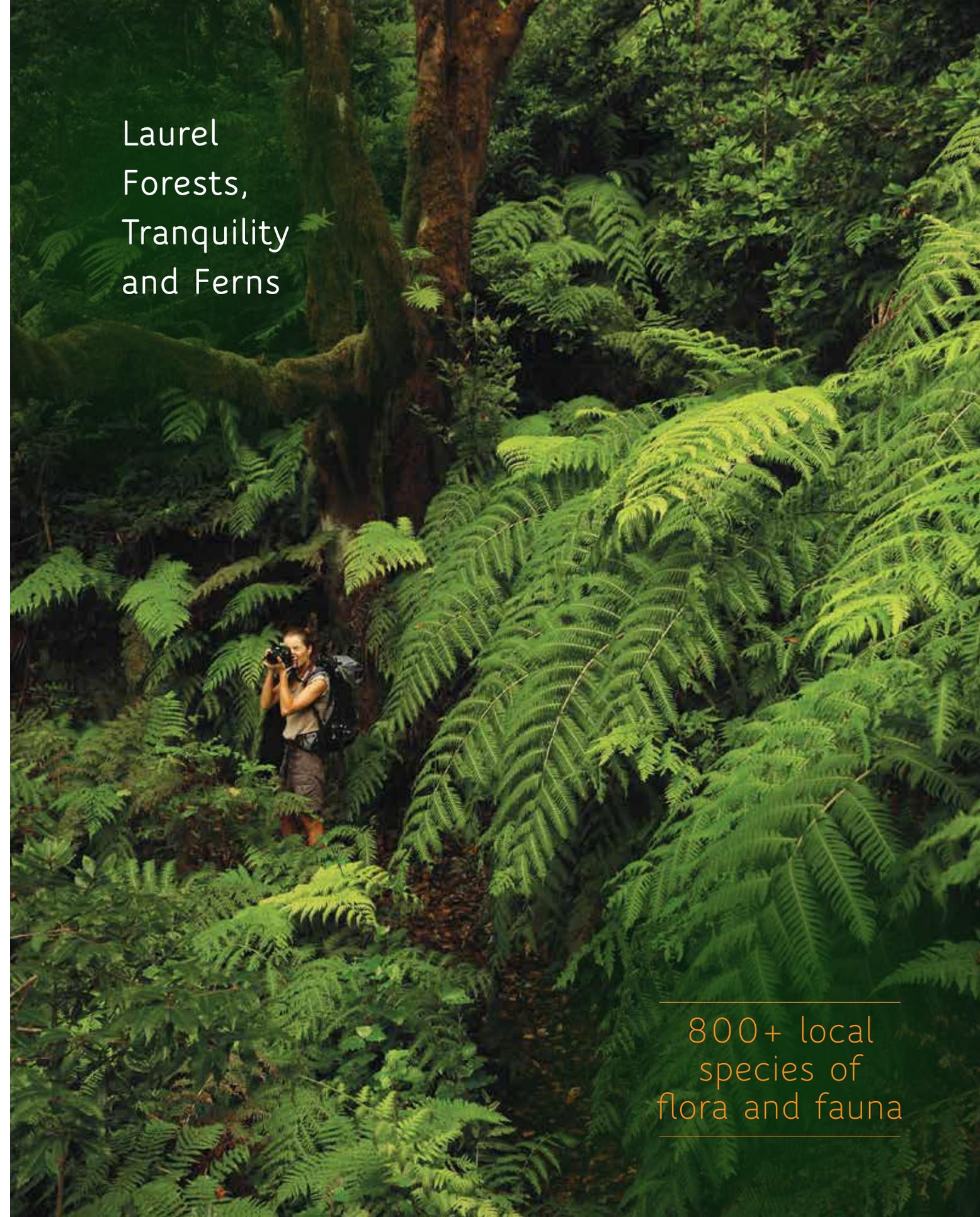


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Explore  
Europe’s Largest  
Lava Tube

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Laurel  
Forests,  
Tranquility  
and Ferns



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800+ local  
species of  
flora and fauna

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21 Species  
of Dolphins &  
Whales

# WHALES & DOLPHINS

the Island's  
other population

Of the world's 79 species of dolphins and whales, 21 live near Tenerife, including permanent colonies of pilot whales and bottlenose dolphins. All live just three miles off the coast year-round. Tour boats depart daily for some of the world's most spectacular viewing.



# ADVENTURE SPORTS

The crystal-clear waters of the Atlantic Ocean around Tenerife are filled with a rich diversity of marine life, making for an undersea paradise for the veteran diver to the first-timer. But Tenerife is not for submariners alone. Other water sports include deep-sea fishing, sailing, wind- and kite-surfing and kayaking.

Tenerife's moderate climate, diverse terrain and exceptional athletic facilities make it a prime destination for world-class athletes in training. Fitness-conscious amateurs flock to the Island as well to achieve

better health in a setting that is second to none. From biking through spectacular landscapes to incomparable rock climbing, Tenerife is an adventurer's dream.

#1 Waterpark  
in the World by  
TripAdvisor

# PARKS & FAMILY ACTIVITIES

There's no time to be bored on Tenerife, which has many theme parks where you can enjoy unforgettable experiences. Open all year, they are the perfect supplement to all the activities and places to discover on your holiday.

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**Siam Park** (Costa Adeje) is Europe's largest water park, occupying 185,000 square metres. Entirely themed on the Kingdom of Siam, it boasts some amazing attractions: an artificial white-sand beach with three metre-high waves, the Tower of Power (the second highest 'kamikaze' water slide in the world) and many others, ensuring a fun day out with family or friends.

**Loro Parque**, in Puerto de la Cruz, is an incredible wildlife park and aquarium visited by millions of people each year. The orca show is the star attraction, though the penguins come a close second, living in an exact replica of their natural frozen habitat; Katandra Treetops, an aviary with hundreds of birds from around the world, Bengal tigers, dolphins... and, of course, all the fun of the parrot show. Parque Loro (Spanish for Parrot Park), has the best and largest collection of these intelligent, friendly birds in the whole world.

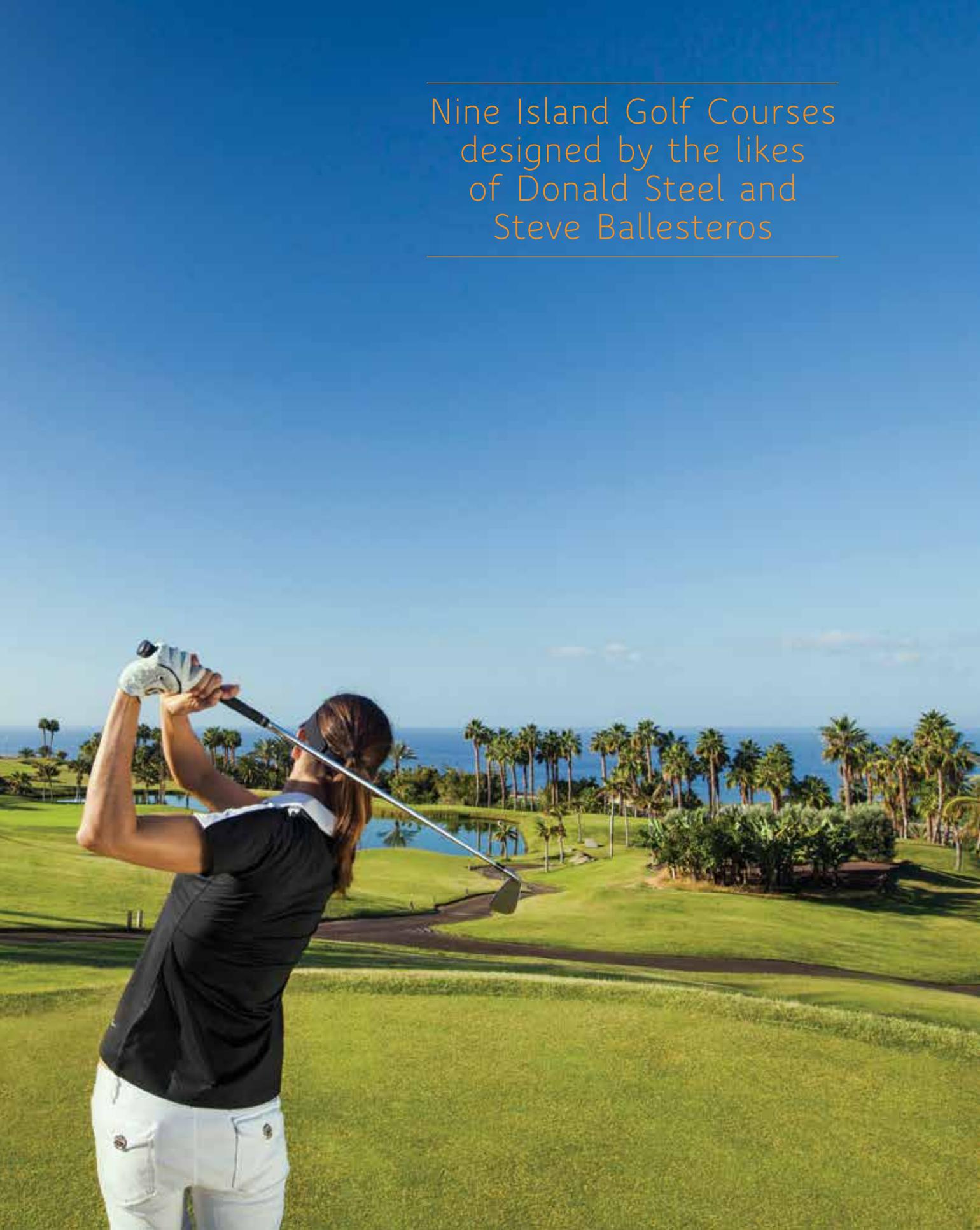
At **Pueblo Chico** (La Orotava), you'll feel like a giant standing next to miniature versions of the Canary Islands' most symbolic buildings, while the pyramid



structures, perfectly aligned and astronomically oriented to the winter and summer solstices, will take you to a different world.

In the south of the Island you can visit **Jungle Park**, a jungle setting full of wild animals and there's even a bird of prey freeflight exhibition including eagles. Emulate your favourite racing driver at **Karting Club Tenerife** or enjoy the thrills and spills of the water slides at **Aqualand**; so many things to do during your holiday, and what better way to round it off than a visit to **Forestal Park**, an adventure playground boasting over a hundred tree-top attractions where Tarzan would feel right at home.

Nine Island Golf Courses  
designed by the likes  
of Donald Steel and  
Steve Ballesteros



## GOLF the Fairway ends at the Atlantic

Blessed with dramatic mountain and seascapes and enhanced by a near-perfect climate, Tenerife is a year-round golfer's paradise. Novice players can take part in beginner's courses or clinics led by professionals to learn the basics in a low-key atmosphere.

With nine original courses sprinkled across the Island designed by the likes of Donald Steel and Steve Ballesteros integrating many natural elements and local vegetation of Tenerife, there's something for every taste and skill level. From Buenavista Golf situated atop cliffs overlooking the azure

Atlantic with Tenerife's dramatic Teno mountain range as a backdrop, to the stately and exclusive Real Club de Golf, the second oldest golf club in Spain with breathtaking views of Mt. Teide, you'll find it all on Tenerife.

# FOOD & WINE

## Unique Grape Varietals of Listán Negro & Listán Blanco

Visit Tenerife's world-famous vineyards to learn the vintner's art while enjoying a meal in an exceptional setting. A volcanic territory may not seem ideal for agriculture but it is, in fact, extremely fertile land. You can find great wines across the Island and in the town of Vilaflor, which boasts the highest vineyards in Europe. The lack of water forced locals to excavate miles of underground galleries to collect that which filters down from the surface, creating a fertile cropland.

Tenerife's wine is internationally recognized for its unique colors, flavors, and aromas due to natural heritage, climate, and volcanic roots. This area is home to two of Tenerife's five designations of origin: Icoden Daute Isora and Abona. Discover all five by following our 'wine routes,' offering visitors the chance to uncover the history of the towns marked by wines with a true volcanic spirit. If you delve further into Tenerife's wine culture, you can tour organic estates such as Alma de Trevejo.

And don't miss Bodegas Monje vineyard in El Sauzal. Although the wine cellars were built in 1983, Bodegas Monje is a family vineyard dating to 1750. The Monje family is among Tenerife's first wine producers, cultivating and bottling wine from the three grapes grown here — Listan Negro, Listan Blanco, and Negramoll.

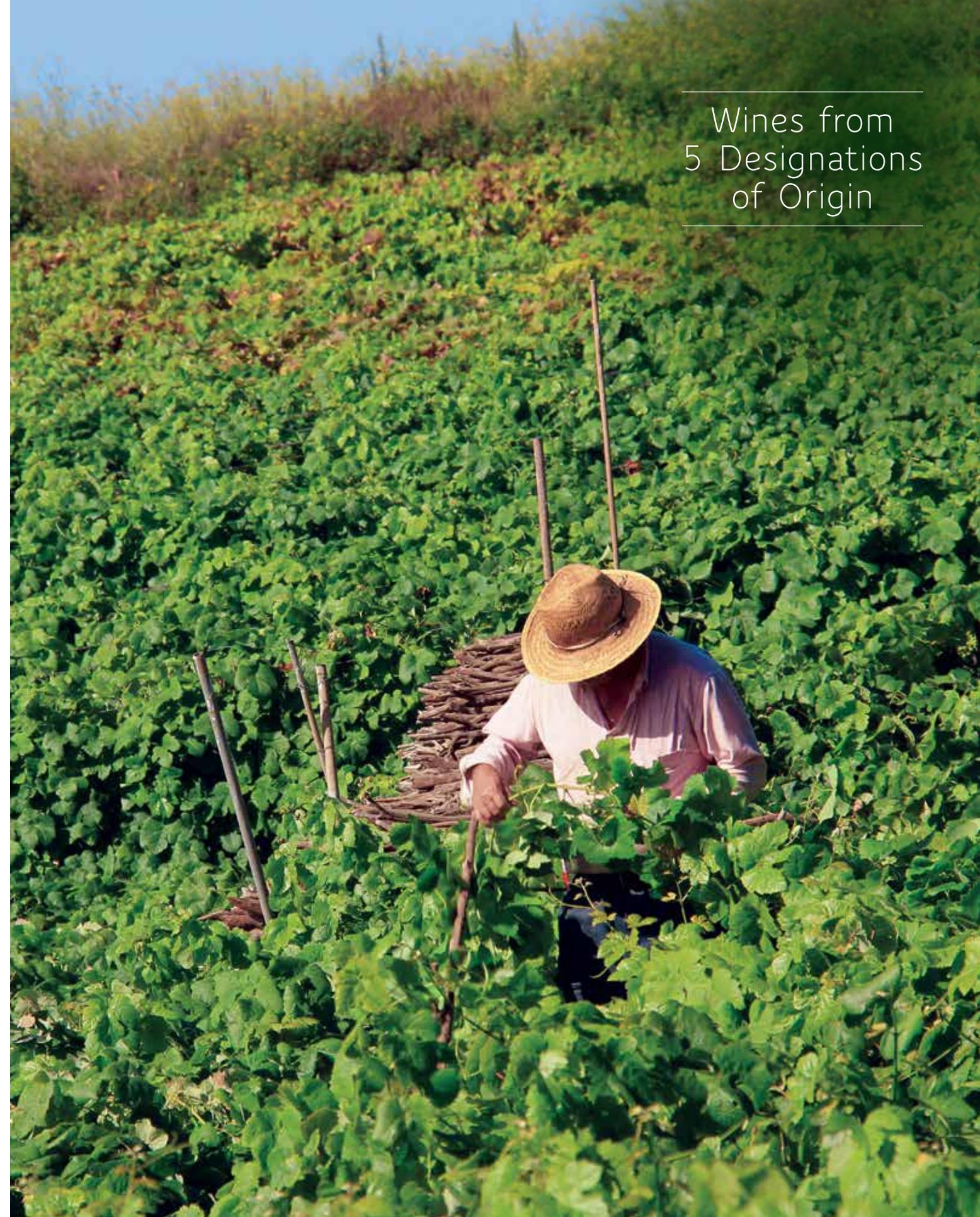
Cuisine is another great hallmark of Tenerife's culture. Traditional marketplaces in towns and villages across the Island offer wonderful fresh produce, often grown on organic farms.

Our cuisine is a marvelous fusion between the historic and the avant-garde. Potatoes, 'mojos' sauces, 'gofio'—a toasted corn meal—cheese, fish, and honey are all local delights.

Also, be sure to try one of Tenerife's renowned guachinches. These small, family-run eateries offer meals improvised on a rural terrace with wine made of grapes grown onsite accompanied by traditional dishes, all at very affordable prices.



Wines from  
5 Designations  
of Origin





# SPAS & WELLNESS

Not only do Tenerife's natural assets give you energy and vitality but a visit to one of the spas, located across the Island, allows time for relaxation. A trip to a spa gives you time to switch off and forget about the daily routine and feel renewed both in body and mind.

## Medical Tourism in Tenerife

Tenerife's beaches, nature, and weather make the Island an attractive destination for millions of visitors every year and they also make the Island the perfect place to undergo a medical treatment.

Tenerife boasts a hospital network with leading qualified professionals and the latest technical and surgical advances. Their treatments and surgeries are second-to-none. These centres meet the medical and sanitary standards of an EU country but with significant economic advantages over most European countries and America.

This network has a dedicated customer service team for international patients, which speaks eight different languages. Furthermore, if required, it is possible to arrange transfers, accommodation pre and post treatment and to organise additional leisure activities.





# STARGAZING

The unadulterated skies of Tenerife are so clear and devoid of light and air pollution that it is regarded as a premier global site for stargazing by professionals and amateurs alike. Come find yourself beneath a blanket of stars.

# ITINERARIES

3,000 hours  
of sunlight  
per year

Easy Extension from Spain or  
Major European Airports

## 4-DAY ITINERARY

This itinerary will give you a brief but memorable sampling of everything the beautiful Island of Tenerife has to offer. Deluxe accommodations, superb food and world famous wines, the perfect climate, and a range of outdoor activities, stargazing, wine tasting, and visits to two UNESCO World Heritage Sites, Mt. Teide National Park and La Laguna. Be among the first Americans to visit this breathtaking Island.

### Day 1

Island Tour  
Santa Cruz de Tenerife

### Day 2

La Laguna  
Bodegas Monje Winery  
Orotava  
Teide National Park  
Stargazing

### Day 3

Los Gigantes  
Dolphin & Whale Watch Boat Tour

### Day 4

Afternoon on Your Own to  
Shop or Explore

# 7-DAY ITINERARY

From the time you arrive at your five star resort in Tenerife, the largest of Spain's seven Canary Islands, you will want to immerse yourself in its awesome natural beauty, its distinctive landscapes and terrain, and its hundreds of outdoor and cultural activities. With an 11,000-foot high volcano, beaches, cliffs, stargazing, golfing, whale watching, hiking, walking, exquisite wines and gastronomy, and so much more, Tenerife is truly paradise found.



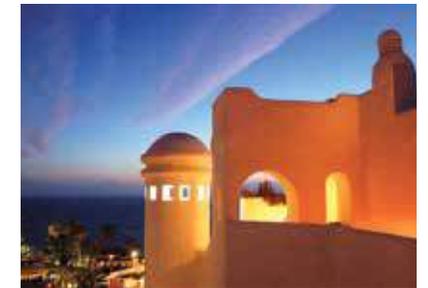
- Day 1**  
Santa Cruz de Tenerife
- Day 2**  
La Laguna  
Bodegas Monje Winery
- Day 3**  
Orotava  
Garachico  
Teide National Park  
Stargazing

- Day 4**  
Golf or Spa Day  
Playa de Las Americas Shopping
- Day 5**  
Los Gigantes  
Afternoon on Your Own to Shop or Explore
- Day 6**  
Full-Day Excursion to Loro Parque or Siam Park
- Day 7**  
Dolphin & Whale Watch Boat Tour



# 9-DAY ITINERARY

Our 9-day itinerary spans two of the Spanish Canary Islands- both Tenerife and La Gomera, but it will still leave you wanting more. Who could blame you? Lush landscapes, dramatic vistas, exotic flora and fauna, superb food and wines, and a temperate climate all year long. Visit world famous Mt. Teide National Park, La Laguna, and Los Gigantes cliffs, and enjoy some of the best stargazing on the planet.



- Day 1**  
Santa Cruz de Tenerife
- Day 2**  
La Laguna  
Bodegas Monje Winery
- Day 3**  
Orotava  
Garachico  
Teide National Park  
Stargazing
- Day 4**  
Golf or Spa Day  
Playa de Las Americas or Buenevista

- Day 5**  
Los Gigantes  
Afternoon on Your Own to Shop or Explore
- Day 6**  
Full-Day Sailing Excursion to La Gomera  
Whale and Dolphin Spotting
- Day 7**  
Puerto de la Cruz  
Hike to Taganana Rural Park

- Day 8**  
Full-Day Excursion to Loro Parque or Siam Park
- Day 9**  
Dolphin & Whale Watch Boat Tour

# EVENTS CALENDAR

## January

- The Three Wise Men procession
- PIT (Fun Fair)
- Craft fairs during the 'Reyes' holiday (Spanish equivalent to Christmas)
- Three Wise Men show and procession in Tejina
- San Antonio Abad livestock festival at various towns
- Canary Islands Music Festival
- Canary Islands Folk Fest in Arona
- Romería de San Sebastián Festival in Adeje

## February

- Carnivals
- Traditions and Folklore Week in Adeje
- Arona International Music Festival
- Breads of the World exhibition. Arico
- Canary Islands Music Festival
- Canary Islands Folk Fest in Arona
- Las Burras donkey festival in Güimar
- Matar la Culebra festival in Puerto de la Cruz
- Candle Festival in Candelaria
- Route of the Blossoming Almond Trees in Santiago del Teide.

## March

- Canary Islands Alternative Music Festival
- La Laguna Guitar Festival
- Canary Islands Religious Music Festival
- Athletic Race to La Laguna
- Canary Islands Folk Fest in Arona
- El Paso de la Cumbre festival in Santiago del Teide
- Puerto de la Cruz Festival of Early and Baroque Music
- Pascua Florida in Guía de Isora

## April

- April, wine month in Tegueste
- Tránsitos International Music Festival
- Las Galletas Half Marathon
- Romería de San Marcos Festival in Tegueste
- Easter in La Laguna
- I love Music Festival
- Isla Baja Caprichos Musicales festival
- La Orotava Music Festival
- 7 Islands Folk Festival
- Pinolere Cheese Fair
- Abama Golf Pro Am

## May

- Celebration of Canary Islands Day
- Adeje Craft Fair
- Athletic Race around Tenerife
- Beñesmén, Romería Guanche festival in San Juan de la Rambla
- Romería de San Isidro Labrador religious festival in various towns
- Day of the Cross. Fi reworks display in Los Realejos
- Zarzuela song festival
- Isla Baja Caprichos Musicales festival
- Arona Jazz Festival
- Holy Cross Festivity in Santa Cruz and in Puerto de la Cruz
- Festival MUECA in Puerto de la Cruz

## June

- Santa Blues in Santa Cruz
- Arona Magic Festival
- Alfombras del Corpus Christi street tapestry festival in La Orotava
- Romería de San Isidro Labrador religious festival in various towns
- Los Hachitos fire festival in Icod de los Vinos
- Enrame de los Chorros festival in Puerto de la Cruz celebrating St. John's Day
- Baño de las Cabras goat bathing festival in Puerto de la Cruz
- St. John's Day Festival
- St. Peter's Day festivals in El Sauzal and Güimar

## July

- Arona Wine Festival
- Arotápala International
- Las Galletas Folk Festival
- La Orotava Chamber Music Festival
- Fotosub Tenerife
- Tenerife Lan Party
- El Carmen Festival
- Fiestas lustrales del Cristo de Garachico, with processional carts and fireworks
- Danza de las Varas dance festival in Las Vegas. Granadilla
- Gesta del 25 de Julio historical reenactment
- Carboneras festival
- Chirche Day of Traditions
- Romería de San Benito religious festival in La Laguna
- Threshing Day in El Tanque
- World Story Tellers Festival, Los Cristianos
- Fimucité. International Film Music Festival
- Canarias Jazz Más Heineken
- Canary Islands Infinity Xtreme Race



## August

- Bavarian Week in Puerto de la Cruz
- "Verano de Cuento" Story Telling Festival, El Sauzal
- Varas y Cintas de San Isidro festival
- La Bajada de las Hayas in La Guancha
- Tejina Festival of Hearts
- Candelaria festival
- Baskets and Buns Parade and procession of Saint Barbara in Icod de los Vinos
- Festival of Traditions
- Harvest Festival
- Romería del Poleo religious festival, El Amparo
- Romería de San Roque religious festival in Garachico
- Romería de San Agustín religious festival in Arafo
- Romería de La Esperanza religious festival
- Atlantic Salsa Festival
- Arona Summer Festival
- World Windsurfing Championship in El Médano



## September

- Celebration of World Tourism Day
- La Librea in Tegueste (every three years)
- Sabandeño Music Festival
- Tenerife Opera Festival
- Transfer of the Virgin of Guía statue from Garachico to Guía
- Pinolere Craft Fair
- Buenavista Threshing Festival
- Fiestas del Cristo religious festival in La Laguna
- El baile del Diablo y la Diabla dance festival
- Romería del Socorro religious festival
- Boreal Festival
- Almond harvest
- Fiestas de la Luz in Los Silos
- Fiestas del Cristo de Los Dolores in Tacoronte
- Romería de San Miguel

## October

- Tri-continental Craft Fair
- Infanta Cristina Sailing Regatta
- Canary Islands Folk Fest in Arona
- Tenerife Opera Festival
- Los Barcos y Carreras de Barcos boat race. Tegueste
- Romería de la Virgen de la Encarnación religious festival. Adeje
- Almond Fair (La Gran Majada) in Aripe, Guía de Isora
- La Librea de Valle Guerra
- Tenerife Bluetrail



## November

- Month of the Chestnut
- Tenerife Wine Festival in Santa Cruz
- Aroferia local wine and cheese fair in Arona
- San Andrés festival (Las Tablas) in Icod de los Vinos.
- Canary Islands Folk Fest in Arona
- Tenerife Opera Festival
- Fotonoviembre photography exhibition every two years
- Noche en Blanco 24hr shopping in La Laguna
- Tenerife 40 pop Festival
- Isla de Tenerife Rally
- Santa Cecilia festival in Los Silos
- Tenerife Champions Cup
- Miradas Doc. International Documentary Film festival
- Festival of Cortos Villa in La Orotava

## December

- Las Galletas Craft Fair
- Christmas Markets and Bazaars in various towns
- Christmas concert by the Tenerife Symphony Orchestra, in Santa Cruz de Tenerife.
- Canary Islands Folk Fest in Arona
- Canary Islands Gospel Festival
- San Silvestre in different municipalities
- International Story Festival. Los Silos
- PIT (Fun Fair) in Santa Cruz de Tenerife

# GREAT DAYS BETTER NIGHTS

## Welcome to the party

When the sun goes down, Tenerife truly comes to life. Our excellent climate allows you to enjoy a drink at an open air terrace bar any time of the year. Some have sea views, others are in parks, amid busy shopping streets, at marinas...

You can try your luck at blackjack, poker or roulette at the Island's three luxury casinos: Las Américas (ground floor of the prestigious Hotel Gran Tinerfe), Santa Cruz (Hotel Mencey), and Puerto de la Cruz (at the Lago Martiánez swimming pool complex).

[www.casinostenerife.com](http://www.casinostenerife.com)

Classical music and jazz concerts or performances by the biggest stars of the

moment are just a few other options to make your stay on the Island even more memorable. The year-long schedule of festivals and events offers every imaginable style to suit all tastes. Plus, every day you have the chance to see original live shows at the many venues and night clubs in both the north and south of the Island. **Venues such as Ábaco, Pirámide de Arona-Carmen Mota dance show, Hard Rock Café Tenerife, and Blanco Bar.**

The spectacular Magma Arte & Congresos, on Costa Adeje, plays host to a wide range of cultural events (concerts, musicals, exhibitions) which we highly recommend during your stay with us.

For those who were born to party, every trend and ambience is on offer at pubs and clubs open every night of the week; or dance till dawn at a disco to the sound of rock, pop, house, techno or salsa.

On Tenerife, the party is non-stop, it's up to you to say when the night has ended. You can choose sessions by famous Spanish and international DJs at festivals and clubs all over the Island, or bars and venues where lovers of techno and chill-out will reach the very peaks of ecstasy. A more relaxed option is the moonlight beach parties offering great music and excellent company.



# KEY CONTACTS

Official Office of Representation for U.S. & Canada – Quest Travel Adventures.com • 1-800-693-1815

## Hotels (★★★★★)

### The Ritz Carlton Abama Golf & Spa Resort

Crta. Gral. TF 47, Km 9,  
38687 Guía de Isora  
**Tel:** +34 922 126 000  
**Fax:** +34 922 126 621  
[rc.tfsrz.group.sales@ritzcarlton.com](mailto:rc.tfsrz.group.sales@ritzcarlton.com)  
[abamahotelresort.com](http://abamahotelresort.com)

### Gran Hotel Bahía del Duque

Avenida de Bruselas S/N,  
38660 Costa Adeje, Tenerife  
**Tel:** +34 922 74 69 33/34  
**Fax:** +34 922 74 69 25  
[grupos@bahia-duque.com](mailto:grupos@bahia-duque.com)  
[bahia-duque.com](http://bahia-duque.com)

### Hotel Sheraton La Caleta Resort & Spa

C/ La Enramada 9,  
38670 Adeje  
**Tel:** +34 922 162 023  
**Fax:** +34 922 162 011  
[luisa.garcia@sheraton.com](mailto:luisa.garcia@sheraton.com)  
[sheraton.com/lacaleta](http://sheraton.com/lacaleta)

### Hotel Europe Villa Cortés & SPA

Avda. Rafael Puig, s/n  
Playa de las Américas  
38660 Arona  
**Tel:** +34 922 757 700  
**Fax:** +34 922 757 701  
[grupos@villacortes.com](mailto:grupos@villacortes.com)  
[villacortes.com](http://villacortes.com)

### Gran Meliá Palacio de Isora

Avda Los Oceanos s/n,  
Urb la Jaquita, Alcalá  
38686 Guía de Isora  
**Tel:** +34 922 86 90 00  
**Fax:** +34 922 86 54 94  
[jesusenrique.rosales@melia.com](mailto:jesusenrique.rosales@melia.com)  
[granmeliapalaciodeisora.com](http://granmeliapalaciodeisora.com)

### Hotel Botánico & The Oriental Spa Garden

Avda. Richard J. Yeoward, 1  
38400 Puerto de la Cruz  
**Tel:** +34 922 38 14 00  
**Fax:** +34 922 38 15 04  
[hotelbotanico@hotelbotanico.com](mailto:hotelbotanico@hotelbotanico.com)  
[hotelbotanico.com](http://hotelbotanico.com)

### Hotel Jardines de Nivaria

Calle París s/n,  
Urb. Playa de Fañabé  
38660 Costa Adeje  
**Tel:** +34 922 713 333  
**Fax:** +34 922 713 340  
[comercial@adrianhoteles.com](mailto:comercial@adrianhoteles.com)  
[adrianhoteles.com/jardines-de-nivaria](http://adrianhoteles.com/jardines-de-nivaria)

### Hotel Las Madrigueras

Golf Las Américas,  
Playa de las Américas, 38660 Arona  
**Tel:** +34 922 777 818  
**Fax:** +34 922 717 819  
[reservas@hotellasmadrigueras.com](mailto:reservas@hotellasmadrigueras.com),  
[comercial@hotellasmadrigueras.com](mailto:comercial@hotellasmadrigueras.com)  
[hotellasmadrigueras.com](http://hotellasmadrigueras.com)

### Hard Rock Hotel

Pirámide de Arona, Av. las Américas, s/n,  
38660 Playa de las Américas,  
Santa Cruz de Tenerife  
**Tel:** +34 922 05 50 22  
[info@hrhtenerife.com](mailto:info@hrhtenerife.com)  
[www.hrhtenerife.com](http://www.hrhtenerife.com)

### Hotel Royal Garden Villas

Calle Alcojora s/n, Campo de Golf Costa Adeje,  
38670 Adeje  
**Tel:** +34 922 788 482  
**Fax:** +34 922 788 362  
[reservas@royalgardenvillas.com](mailto:reservas@royalgardenvillas.com)  
[royalgardenvillas.com](http://royalgardenvillas.com)

### Iberostar Hotel Anthelia

Calle Londres, 15,  
38660 Costa Adeje  
**Tel:** +34 922 713 335  
**Fax:** +34 922 719 081  
[iberostarmeetings.canarias@iberostar.com](mailto:iberostarmeetings.canarias@iberostar.com)  
[iberostar.com](http://iberostar.com)

### Hotel Vincci Selección La Plantación del Sur

C/ Roque Nublo nº1,  
38670  
**Tel:** +34 922 71 77 73  
**Fax:** +34 922 71 27 50  
[grupos2.laplantacion@vinctihoteles.com](mailto:grupos2.laplantacion@vinctihoteles.com)  
[vinctihoteles.com](http://vinctihoteles.com)

### Iberostar Grand Hotel Mencey

Calle Doctor José Naveiras, 38  
38001 Santa Cruz de Tenerife  
**Tel:** +34 922 609 900  
**Fax:** +34 922 080 668  
[hotel.mencey@iberostar.com](mailto:hotel.mencey@iberostar.com)  
[iberostar.com](http://iberostar.com)

### Iberostar Grand Hotel El Mirador

Avenida Bruselas, s/n,  
38660 Costa Adeje  
**Tel:** +34 922 716 868  
**Fax:** +34 922 716 688  
[mir.rec@iberostar.com](mailto:mir.rec@iberostar.com)  
[grandhotelmirador.com/en](http://grandhotelmirador.com/en)

## Hotels (★★★★)

### H10 Costa Adeje Palace

Playa La Enramada, La Caleta,  
38679 Costa Adeje  
**Tel:** +34 922 71 41 71  
+34 922 71 92 06  
h10.costa.adeje.palace@h10.es  
**h10hotels.com**

### Hotel Jardín Tropical

C/ Gran Bretaña s/n  
38660 Costa Adeje  
**Tel:** +34 922 74 60 00  
**Fax:** +34 922 74 60 14  
grupos@jardin-tropical.com  
**jardin-tropical.com**

### Hotel San Roque

Calle Esteban de Ponte, 32,  
38450 Garachico  
**Tel:** +34 922 133 435  
**Fax:** +34 922 133 406  
info@hotelsanroque.com  
**hotelsanroque.com/en**

### Hotel Isla Baja Suites

Calle Esteban de Ponte, 3,  
38450 Garachico  
**Tel:** +34 607 336 175  
**Fax:** +34 922 105956  
info@islabajasuites.com  
**islabajasuites.com**

## Adventure Sports

### Anaga Atrapiés

El Batán, 34  
38294 La Laguna  
**Tel:** +34 676 526 605  
**anagaatrapies.com**

### Canarias Cycling

C/ San Francisco, 35 - 2ª planta  
38002 Santa Cruz de Tenerife  
**Tel:** +34 664 703 895  
**canariascycling.com**

### Diga Sports

Avenida Rafael Puig, 23  
Edif. Hotel Park Club Europe  
Playa de Las Américas  
38660 Arona  
**Tel:** +34 922 793 009  
**diga-sports.de**

### Mountainbike Active

C/ Puerto Viejo, 44 Edf. Don Juan  
38400 Puerto de la Cruz  
**Tel:** +34 922 376081  
**mtb-active.com**

### Observación de las estrellas

Avda. Buenos Aires, 98 2ºD  
38005 Santa Cruz de Tenerife  
**Tel:** +34 922 236 299  
**astroamigos.com**

### Ocho Escalada

C/Elías Serra Rafols, 41  
1º-Apto. 108-Edif. Cristian 3  
38204 La Laguna  
**Tel:** +34 669 525 713  
erik@ocho-escalada.com

### Pro Bike Hire

C/Dehesa Alta, 73  
38300 La Orotava  
**Tel:** +34 605 562 020  
**tenerife-training.net**

### Senderos turísticos Gregorio

C/ Toscas de Magnolia 32  
Apdo. 61.  
38300 La Orotava  
**Tel:** +34 639 332 761  
**gregorio-teneriffa.de**

### Teide Astro Volcanes y Estrellas

C/ La Asomada, 1 Viv. 2  
(La Casa Verde)  
38400 Puerto de la Cruz  
**Tel:** +34 922 373 773  
**teideastro.com**

### Tenerife Adventure

C/ El Calvario  
38350 Tacoronte  
**Tel:** +34 609 366 574  
**tenerife-adventure.com**

### Teno Activo

C/ La Alhondiga, 45  
38480 Buenavista del Norte  
**Tel:** +34 618 000 972  
**tenoactivo.com**

## Diving Centers

### Blue Bottom Diving

Avda. España, s/n  
C.C. Terranova loc.  
201-202, Adeje  
**Tel:** +34 9227 14 185  
**bluebottomdiving.es**

### Fly Over Centro de Buceo

C.C. Puerto Colón, Local 135  
38660 Adeje  
**Tel:** +34 922 716 260  
**flyover.es**

## Destination Management Companies

### Canarias.com

Avda. Las Américas nº 7,  
C.C. Américas Plaza - Local 26,  
38640 Arona  
**Tel:** +34 922 792 919  
**Fax:** +34 922 793 868  
contratacion@canarias.com  
**canarias.com**

### Capital Incentive DMC

Calle Santo Domingo 7,  
38400 Puerto de la Cruz  
**Tel:** +34 922 372 348  
**Fax:** +34 922 380 842  
air@capital-incentive.com  
**capital-incentive.com**

### Cititravel Canarias DMC

Calle Roque de Jama 10B, Edif. Colina Azul,  
38650 Los Cristianos - Arona  
**Tel:** +34 922 751 590  
**Fax:** +34 922 751 280  
tci@cititravel.es • **cititravel.es**

### Eventísimo DMC

Calle Botavara 8. Urb. El Palmeral,  
38670 El Galeón – Adeje  
**Tel:** +34 822 028 151  
**Fax:** +34 922 775 865  
canaryislands@eventisimo.com  
**eventisimo.com**

### Ineventing

Calle Pizarro 22. Radazul Bajo  
38109 El Rosario  
**Tel:** +34 928 380 967  
+34 696 47 20 50  
+34 669 676 197  
tenerife@ineventing.com  
**ineventing.com**

### Magna Congresos

Avda. Menceyes nº 293, Edf. Cristina 2º A,  
38320 La Laguna  
**Tel:** +34 922 656 262  
**Fax:** +34 922 670 188  
congresos@magnacongresos.com  
**magnacongresos.com**

### Pacific World DMC Tenerife

Centro Comercial El Duque,  
Avda. Bruselas, 14  
38760 Adeje  
**Tel:** +34 922 717 153  
**Fax:** +34 922 777 732  
estherperez@ultramarevents.com  
**pacificworld.com**

### Turisbeds - Viajes Insular

Avda. Familia Betancourt y Molina, 20,  
38400 Puerto de la Cruz  
**Tel:** +34 922 380 366  
**Fax:** +34 922 388 405  
groups@turisbeds.com  
**turisbeds.com**

### Viajes Meridiano

Calle la Hoya, 41  
38400 Puerto de la Cruz  
**Tel:** +34 922 382 308  
**Fax:** +34 922 371 956  
meridiano@meridianocanarias.com  
**viajesmeridiano.info**

### Viajes Tema Canarias

C/ de Nivaria, Urb. Sueño Azul, Local 11,  
38670 Adeje  
**Tel:** +34 922 775055  
**Fax:** +34 922 782706  
info@temacanaria.com  
**temacanaria.com**

### Viajes Ten Travel

Avenida Doctor Celestino González Padrón,  
Residencial Laurisilva, Edif. Brezo No. nº 4,  
38400 Puerto de la Cruz  
**Tel:** + 34 922 384 051  
**Fax:** + 34 922 384 199  
tentravel@tentravel.info  
**tentravel.info**

## Golf

### Buenavista Golf

Buenavista del norte, s/n  
38480  
**Tel:** +34 922 129 034  
**buenavistagolf.es**

### Golf La Rosaleda

Camino Carrasco, 11  
38400 Puerto de la Cruz  
**Tel:** +34 922 373 000  
**golflarosaleda.es**

### Real Club de Golf de Tenerife

C/ Campo de golf, 1 El Peñón  
38350 Tacoronte  
**Tel:** +34 922 636 607  
**rcgt.es**

### Abama Golf

Ctra. Gral TF-47 Km9  
Playa San Juan  
38687 Guía de Isora  
**Tel:** +34 922 126 000  
**abamahotelresort.com**

### Amarilla Golf

Urb. Amarilla Golf, s/n  
38639 San Miguel  
**Tel:** +34 922 730 319  
**amarillagolf.es**

### Centro de Golf Los Palos

Ctra. Guaza-Las Galletas. Km7  
38636 Arona  
**Tel:** +34 922 169 080  
**golflospalos.com**

### Golf Costa Adeje

Finca de Los Olivos, s/n  
38670 Adeje  
**Tel:** +34 922 710 000  
**golfcostaadeje.com**

### Golf del Sur

Urb. Golf del sur,  
Avda. Galván Bello, s/n  
38639 San Miguel  
**Tel:** +34 922 738 170  
**golfdelsur.es**

### Golf Las Américas

Calle Landa Golf Nº22,  
Playa de Las Américas  
38660 Arona  
**Tel:** +34 922 752 005  
**golflasamericas.com**

### Mt. Teide

#### Bookings for the Refuge

Crta. Orotava Granadilla s/n  
38300 Santa Cruz de Tenerife  
**Tel:** 922 010 445  
**telefericoteide.com**

#### Cable Car on Mt. Teide

**In person or by phone to book:**  
**Monday-Friday:** 8am to 2pm  
Cable Car company offices  
C/ San Francisco, 5-4º  
38002 Santa Cruz de Tenerife  
**Tel:** 922 010 440  
**Fax:** 922 287 837

### Shows

#### Pirámide de Arona - Musical Carmen Mota

Avda. Las Américas, s/n  
38660 Arona  
**Tel:** +34 922 757 549  
pdareservas@expogrupo.com  
**piramidearonas.com**

### Spas

#### abama Spa

**abama Golf & Spa Resort**  
Ctra. Gral TF-47 km-9  
38687 Adeje  
**Tel:** +34 922 126 006  
**abamahotelresort.com**

#### Aequor Spa

**Spa Hotel Jardines de Nivaria**  
C/ París s/n, Playa de Fañabé,  
38660 Costa Adeje  
**Tel:** +34 922 714800  
**Fax:** +34 922 713333  
aequorspa@gmail.com  
**costa-adeje.es/es/relax/aequor-spa**

#### Bahia del Duque Spa

**Gran Hotel Bahía del Duque**  
Avda. Bruselas, s/n  
38660, Costa Adeje, Adeje  
**Tel:** +34 922 746 933  
**bahia-duque.com**

#### Centro Wellness del Hotel Jardín Tropical

**Hotel Jardín Tropical**  
C/Gran Bretaña s/n  
38660, Costa Adeje, Adeje  
**Tel:** +34 922 746 000  
**jardin-tropical.com**

#### Spa Eutonos

C/ La Enramada, 9  
38670 Tenerife, Canary Islands  
**Tel:** +34 922 162000  
**Fax:** +34 922 162010  
lacaleta@sheraton.com  
**sheratonlacaleta.com/es/spaeutonos**

#### Spa Hotel Europe Villa Cortes

**Hotel Europe Villa Cortés**  
Avda. Rafael Puig, s/n  
Playa de las Américas  
38660 Arona  
**Tel:** +34 922 757 700  
+34 922 757 701  
**reservations.ihotelier.com**

#### Spa Hotel H10 Costa Adeje Palace

Playa La Enramada, s/n  
38670 Adeje  
**Tel:** +34 922 714 171  
+34 922 719 206  
**h10hotels.com**

#### Spa Nammu

**Hotel Vincci La Plantación del Sur**  
Calle Roque Nublo, 1  
38660 Adeje  
**Tel:** +34 922 717 773  
**laplantaciondelsur.com**

#### Spa Royal Garden Villas

**Hotel Royal Garden Villas & Spa**  
Campo de Golf Costa Adeje  
Finca Los Olivos  
38660 Adeje  
**Tel:** +34 922 711 294  
**royalgardenvillas.com**

#### Thai Zen Space

**Hotel Iberostar Grand Anthelia**  
C/ Londres, 15. Playa Fañabé  
38660 Costa Adeje, Adeje  
**Tel:** +34 922 713 335

#### The Oriental Spa Garden

**Hotel Botánico**  
C/ Richard Yeoward, 1  
38400 Puerto de la Cruz  
**Tel:** +34 922 381 400  
+34 922 381 504  
**hotelbotanico.com**

#### Vitanova Spa & Wellness

**Gran Hotel Tacande**  
C/ Alcalde Paetzman, s/n  
38650 Costa Adeje, Adeje  
**Tel:** +34 902 210 902  
+34 922 752 503  
**vitanovatenerife.com**

#### Yhi Spa Gran Hotel Palacio de Isora

Avda. Los Océanos, s/n - Urb. La Jaquita  
38686 Guía de Isora  
**Tel:** +34 922 869 000  
**melia.com**

### Theme Parks

#### Loro Parque

Avda. Loro Parque s/n  
38400 Puerto de la Cruz  
**Tel:** +34 922 373 841  
**loroparque.com**

#### Siam Park

Avda. Siam Park s/n  
38660 Costa Adeje, Adeje  
**Tel:** +34 822 070 000  
**siampark.net**

#### Forestal Park Tenerife

Carretera de La Esperanza, km 16  
Las Lagunetas  
38001 El Rosario  
**Tel:** +34 902 091 471  
**forestalpark.com/tenerife/**

#### Güimar Pyramids

C/Chacona, s/n  
38500 Güimar  
**Tel:** +34 922 514 510  
**piramidesdegüimar.es**

#### Karting Club Tenerife

Carretera del Chó s/n, between  
Parque de la Reina (Queen's Park)  
and Las Chafiras  
38640 Arona  
**Tel:** +34 922 730 703  
**kartingtenerife.com**

### Water Sports

#### CIDEMAT / CIDEMAT La Galera

Carretera San Andrés, s/n Valleseco  
38150 Santa Cruz de Tenerife  
**Tel:** +34 922 597 525  
**deportestenerife.net**

#### Dream Charter

Puerto Colón  
Pantalán 907, Adeje  
**Tel:** +34 922 102 010  
**dreamcharter.es**

#### Maritim Sports of Tenerife

Loc. 125 Puerto Colón  
Costa Adeje, Adeje  
**Tel:** +34 922 719 752  
**watersports-tenerife.com**

### Whale & Dolphin Watching

#### Flipper Uno

**Free Willy**  
**Marina Princess Dos**  
**Tel:** 607 169 886  
637 840 711  
jendub56@hotmail.com

#### Bahriyeli

**Jolly Roger**  
**Le Monte Carlo**  
**Tel:** 922 751 576  
info@mardeons-tenerife.com

#### Nashira Uno

**Gladiator U**  
**Tel:** 670 889 903  
922 861 918  
reservas@maritimaacantilados.com

#### Peter Pan Primero

**Shogun II**  
**Tel:** 922 798 044  
666 542 880  
669 989 023  
info@barcostenerife.com  
celinedavaillon@hotmail.fr

#### Eden Catamaran

**Tel:** 922 712 993  
653 880 401  
697 650 848  
info@edencatamaran.com

#### Travelin Lady

**Tel:** 609 429 887  
609 488 039  
travelinlady10@hotmail.com

#### Whaleadventure

**Xixarron**  
**Tel:** 606 567 311  
661 053 465  
isla.canaria@hotmail.com

#### Royal Delfin

**Tel:** 922 750 085  
607 967 550  
administracion@tenerifedolphin.com  
info@tenerifedolphin.com

#### Bonadea II

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678 585 854  
bonadea2@telefonica.net

#### Kosamui

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822 106 871  
tesercayacht@gmail.com

#### Lady Shelley

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obuscalioni@expogrupo.com

#### Tenerife Dolphin Excursiones Marítimas

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# The Canary Islands



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